Welcome to Lund University!

DEGREE STUDENTS GENERAL INFORMATION MEETING 2017
Welcome!

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- International Marketing Managers, Division of External Relations

Arrival Day

• 1800+ international students checked-in during Arrival Day!
• Students from over 110 countries joining us for studies this autumn
• Missing items? All lost and found items from Arrival Day (and GIM meetings) are kept at the International Desk
• Did you get a Welcome Pack? Visit the International Desk (10am-3pm) and check-in!
Agenda

• Settling in
• Orientation weeks
• Studies at Lund University
• Student services
• Health care and insurance
• Living in Sweden
• Multifaith Chaplaincy
• Studentlund
• Fire Department
• Swedish Police
Settling in

- Contact your family and friends
- It is safe to drink the tap water in Sweden
- Recycling is important
- Find nearest supermarket and pharmacy
- Get a second hand bike
- Be on time for meetings, Swedes are punctual =)
How to find practical information
How to find practical information

The Student Guide – a printed book in your Welcome Pack (when you check-in at Arrival Day or anytime after at the International Desk).

Also available on the website www.lunduniversity.lu.se under current students.
International Desk

• Address: Stora Algatan 4
• Orientation office hours (16-25 August)
  – Mon-Fri 10:00 -15:00
• Regular office hours (from 29 August):
  – Mon-Fri 10:00 -13:00
• Email: studentreception@lu.se
• Facebook.com/internationaldesk
  – follow this page to know about events and activities and also ask questions as a current student

NOTE: For academic matters you contact your programme coordinator
International Desk

• International Desk Newsletter every second week
• Activities during the semester:
  – Play board games at our Game Nights every Monday
  – Practice your Swedish language skills at the Swedish Lounge every Tuesday
  – Seminars, fika, company visits, guided tours, crafts and more…

Mentor group
Not in a group?
- Tag along with someone who is and ask the mentors if you can join
- Or email fadderi@er.lu.se
Orientation Week 1

• Welcome Reception tonight! 1830, AF building

• Cultural Adjustment & Swedishness seminar
  - Thurs 17 August, LUX building

• Several programme/faculty meetings

• Student Association Fair – Friday 18 August, AF building
Eos is the basketball club in Lund. “Eos Cares” is our Community Programme for students and newly arrived, where we arrange:

- Language Cafés
- Basketball
- Cooking
- Seminars
- Etc

Programme for Sunday afternoon

15.00-16.00 Eos Language Café
FREE FIKA for everyone!

16.15-17.45 Basketball Game
Eos-Helsingborg Men A team
Swedish 2nd division

17.45 Light Dinner
Be among the first 300 arriving!

17.45-19.00 Court available for playing
Bring your shoes & gear!
(Balls provided)
Orientation Week 2

• 350th Jubilee concert – Monday 21 August, Lund Cathedral

• Swedish Academic Study Skills – Tuesday 22 August

• Several programme/faculty meetings

• Treasure Hunt – Friday 25 August

• Sports and Games Day – Sunday 27 August
Academic matters

STUDY PLAN, ACADEMIC HONESTY, SWEDISH COURSE
Introduction Meetings

• Important to attend the introduction meeting
• The first day of the course is the introduction meeting as well
• If you can’t find the schedule for a course contact the relevant department or your programme coordinator
Academic conduct

• Cheating and plagiarism is FORBIDDEN!
• “Urkund” - Advanced software to test all assignments for plagiarism
• Cheating is a serious offence with the strict penalties, such as suspension and report to the home University.
• Suspension may result in the offender getting prohibited from taking exams at Lund University.
• Serious cases of plagiarism will be punished according to Swedish law.
• If in doubt about what is considered cheating/plagiarism ask your professor BEFORE you take your exam/write your assignment.
• Find more information on http://www.lub.lu.se/en/services-and-activities/student-support/academic-writing/academic-integrity
Presence in the classroom

• Don’t miss classes! Many of the lectures and tasks are mandatory

• If you are not sure about the participation requirement, ask the tutor before deciding any activities that might coincide with the course.

• Session on Swedish Academic Study Skills Tuesday 22 August
Student accounts

STUDENT COMPUTER SUPPORT, STUDENT EMAIL, INTERNET
Student accounts

You get:

• Access to the Student Portal [www.student.lu.se](http://www.student.lu.se)
• Wireless Network (eduroam)
• Access to student computers
• Access to different resources at your faculty
• LUBsearch the electronic library
• Student E-mail 25GB
• Space for saving documents and files 5 GB
• A number of free programs including Windows 8 and other Microsoft programs (not Office)
• You need to activate your student account!
Computer safety

Keep your computer healthy during your stay.
Please use:

• Anti Virus program and Anti Spyware program (Microsoft Security Essentials is a free Anti virus/spyware program)
• Personal Firewall
• Keep your computer and program updated all the time
• And be careful with what you download
Support

- servicedesk@lu.se
- www.support.lu.se
- +46 (0)46 222 90 00
- Student account help available at the International Desk this week and next
Student services
LU Identity number (Ladok number)

YYMMDD-TXXX
Ex. 900714-T436
Lund University ID/Access card

- ID card within Lund University
- Access card to all buildings relevant to your education
- Information about how to get a card available from your coordinator and/or department
- Links from http://www.lunduniversity.lu.se/current-students
A Swedish personal identity number

- For students who will study in Sweden more than 12 months
- Used at banks, health care and other every day tasks
- Apply in person at Skatteverket – the tax agency
- Skatteverket will open especially for students 5-6 September 16:00-18:00
- Take an info sheet!
Swedish For Immigrants (SFI)

- For students with a Swedish personal identity number from Skatterverket
- Free courses from beginner and onward
- [https://www.lund.se/komvux-lund/utbildningar/swedish-for-immigrants/application/](https://www.lund.se/komvux-lund/utbildningar/swedish-for-immigrants/application/)
- Also available in Malmö and Helsingborg
- Questions? Komvux in Lund: komvux@lund.se
Health care and insurance

EMERGENCY NUMBERS, HEALTH CARE, HEALTH INSURANCE
Emergency numbers

• For emergencies: call 112

• Lund University emergency phone 046-222 0700
  – More information on www.lu.se/emergency
  – or on the backside of your LU ID card
Health care services

• Call 1177 for health care advice
• For contact details to the health care clinics, check the Student Guide
• Please note, regular dental care is not covered by the health care system
• Paying for a doctor’s appointment:
  – If you are an EU citizen, present your EHIC card
  – If you are a non-EU citizen, save the receipts
Insurance for programme students

Students from EU/EES/convention countries:

- Always bring your EHIC card to the clinics and hospital
- Insured according to EU regulations
- Student IN insurance policy – terms and conditions on our website
- Save your receipts

Students from non-EU countries (required to pay tuition)

- FAS+ insurance policy – terms and conditions on our website
- Health insurance, accident, liability and legal expenses cover. Some third party liability.
- Save your receipts!
Dentist (Tandläkare)

- Always ask how much it will cost you.
- We do not have free dental care in Sweden, only free emergency dental care.
- Check the Student Guide for more details or call 1177.
Living in Sweden
Student Health Centre (counselling)

- Support and help with psychological issues. Offer advice, individual consultations, and courses; contact the centre for more information.
- Staff includes counsellors, nurses, psychologists, physiotherapists, psychiatrists and a medical secretary.
- The service is confidential. Bring an identity document.
We can help you with…

Depression
Family problems
Crisis reactions
Procrastination
Sleeping problems
Concentration problems
Harassments
Panic attacks
Relationship problems
Anxiety
Stress
Adjustment difficulties
Self-confidence issues
Academic difficulties
Courses and seminars

**Seminars:**
- Cultural adjustment and Swedishness
- Adjusting to life in Lund
- How to survive the darkness
- Mindfulness
- Procrastination

**Course:**
- Stress course
Contact

- Student Health Centre
  Phone open weekdays 8:30 -12:00, 046 2224377
- Drop in hours: see “Contact information” on our homepage
- You can also fill in a contact form on our homepage

www.lunduniversity.lu.se/student-health

Visiting address: Paradisgatan 5B, Lund
Multifaith Chaplaincy

“STUDENTPRÄSTERNAS”, JAN KJELLSTRÖM
Multi-faith Chaplaincy
for students at Lund University
Lutheran, Anglican, Episcopalian, Methodist, Presbyterian, Reformed, Congregational  
Contact: Jan Kjellström, International Student Chaplain 
Multifaith Student Chaplaincy  
0704 22 29 97 
jan.kjellstrom@svenskakyrkan.se 
www.lundsdomkyrka.se/english

Catholic  
Contact: Domican Björn Engdahl  
Catholic Student Chaplaincy  
0762 76 36 67 | bjorn@dominkan.nu  
www.dominelund.wordpress.com

Pentecostal, Baptist  
Contact: Lukas Carlsén  
0768 60 64 73 | lukas@lund.pingst.se  
www.pklund.se

Islam  
Contact: Ali Ibrahim, imam  
Islamic Cultural Centre, Lund  
073 904 02 12 | alielchafei7@gmail.com  
www.islamlund.net

Jewish  
Contact: Rabbi Rebecca Lillian  
+46 73 3 500 195  
rabbi.r.lillian@gmail.com

Buddhism  
Contact: Dharma master Ming Bao  
info@taozen.se  
www.taozen.se
Welcome to the Student Chaplaincy

Our job:

• To help you find a spiritual home during your stay in Lund

• Help you contact a local church or religious body other than Student Chaplaincy (Church of Sweden)

• Counseling - free and confidential. Open for everyone. You can talk about anything you want

• Ecumenical Holy Communion Service in the Cathedral every Sunday at 5pm

• Taizé Service first Thursday in every month. 6.30 pm in the Cathedral Crypt
Contact
Jan Kjellström, Student chaplain
jan.kjellstrom@svenskakyrkan.se
0704 22 29 97
www.lundsdomkyrka.se/english
Facebook:
www.facebook.com/LundCathedralServicesInEnglish
Studentlund

One membership – The entire student life
Studentlund:
Three memberships in one!
NATIONS

Nightclubs, cafés, lunches, fine dining, sports, choirs, pubs, housing etc.
ACADEMIC SOCIETY (AF)

Student radio, theatre, lectures, orchestras, debate society, entrepreneurship, housing etc.
STUDENT UNIONS

Student representation, career fairs, student politics, novisch activities etc.
BECOMING A MEMBER

STEP 1 + STEP 2 = DONE!

REGISTER ONLINE AT STUDENTLUND.SE

JOIN A NATION. VISIT THEM AND SAY YOU WANT TO JOIN.

YOU ARE NOW A MEMBER AND CAN TAKE PART OF THE STUDENT LIFE INSTANTLY! YOUR STUDENT CARD WILL BE MAILED TO YOUR HOME ADDRESS.
Take note!

Friday: If you are unable to register online, students from Studentlund will help you with the registration at the Student Association Fair Friday 10:00-16:00. You can also visit a nation when they open to get help registering.

Step 2: Registration at the nations is open.
Swedish Fire Department
Räddningstjänsten Syd/
Fire Department
Your landlord shall, free of charge, provide you with a smoke alarm and install it in your home.

It is always your responsibility to make sure your smoke alarm is working!

It is your responsibility to maintain it and make sure the battery is working. Once the battery runs out you will have to buy a new one.

Here in Sweden everyone should have a Smoke alarm in their home!

This rule also applies if you live in a Student accommodation.
The most common fire in Swedish homes is **Fire on the stove!**

In student homes/corridors this often happens at night/early morning and includes alcohol consumption… (so buy a kebab on your way home instead!)
Never enter a smokefilled area, choose another way out!

If you’re in an apartment or in a room in a corridor and the stairway/corridor is filled with smoke, go back into the apartment/room, close the door, and call 112!
Keep in mind..

• Make sure you have at least one working Smoke alarm at home/in your room!

• Don’t cook under the influence of alcohol or when you’re tired

• The Emergency number in Sweden is 112
The Swedish Police
Always use the seatbelt!
Roadsigns

- Road Sign 1: 500 - 1000 SEK
- Road Sign 2: 3000/1500 SEK

Images of various road signs including stop signs, pedestrian crossings, and traffic signals.
Biking

- Lights: Front - white, back - red
  ...otherwise... 500 SEK in fine/missing light

- NOT two people on one bike

- Follow signs and lights
  - indicate when turning

- A lot of accidents, ex. Tornavägen
Narcotics (drugs):
All narcotics are ILLEGAL in Sweden

Alcohol:
Toooooooo drunk (it´s not a crime) - but if found...
...sleep at the Policestation

Use of narcotics, drugs and too much alcohol...ex.
Burglary

Peeing in public.....800 SEK!!!

Emergencies, call 112
To file a report 114 14