Time to Go

INFORMATION FOR OUTBOUND STUDENTS
Time to Go

Acquiring international experience means giving up your comfort zone. It also means managing on your own, not having all the answers, putting yourself in new situations, daring to ask stupid questions, getting to know new people, discovering new interests and learning a lot more about yourself.
Programme - Time to Go

• **Student ambassador**
  Daniel Gunnarsson, External Relations, LU

• **Insurance**
  Isabelle Jönsson, External Relations, LU

• **P6**
  Jonna Glemne and Zeynep Uca, Project 6

• **Practical issues**
  Lena Jonsson, External Relations, LU
Being a Student Ambassador

DANIEL GUNNARSSON, INTERNATIONAL MARKETING & RECRUITMENT
Being a LU Student Ambassador

**Your opportunity to represent:**

- Lund University
- Your particular subject area at Lund University
- Sweden and Swedish culture
- Cities of Lund, Malmö, Helsingborg, Copenhagen

**Make an important impact:**

- Create awareness about Lund University and Sweden
- Recruit students to LU (reciprocal exchange, secure places for future LU students)
- Increase our international student numbers and diversity = this benefits all LU students and our rankings
- Help our partner universities by participating in their activities = goodwill, positive reputation for LU

**Gain experience:**

- Marketing activities, presentation skills
- Gain a new perspective on Sweden and Lund University
Facts about Sweden

#1 in the world on innovation, creativity and democracy

#1 in the world on English as a second language

1% only of waste goes to a rubbish dump – environmentally friendly!

#2 on providing higher education in the world

5th largest country in Europe in geographical size

9.6 million people live in Sweden. 15% were born in another country

85% of Swedes live in cities

480 days of paid parental leave for Swedish parents

95 700 lakes in Sweden. Water is clean and tap water drinkable.
How many universities are there in the world?
Why study at Lund University

- A world top 100 university (60th), QS ranking 2014/15
- An internationally renowned research-intensive university with world-class facilities
- A study destination without the language barrier - English is widely spoken
- Scandinavia’s largest range of education in English: 300 courses suitable for exchange students, 5 Bachelor’s degree programmes, 100 Master’s degree programmes, PhD studies
- A different style of teaching, facilitating independent thinking, group work, research skills
- #1 choice for international students studying in Sweden
- Start your international network and enhance your CV with international experience
- Founded in 1666, we are a public, non-profit university
- A new language – the chance to learn Swedish
- Lund is a cute, compact university town and is famous for its student life
- Copenhagen airport 35 minutes away – travel hub!
Invented in Lund

- Tetra Pak packaging technology
- Bluetooth wireless technology
- Medical Ultrasound
- Asthma medicine Bricanyl and turbuhaler
- The artificial kidney
- Nicorette Gum
- The inkjet printer
- Hövding airbag for cyclists
- World’s first live concert with 3D printed instruments
- Vein scanning technology as a method of payment
- In 1813..the Swedish massage…😊
LU Student Ambassador situations

- The "elevator pitch" – brief explanation about Lund University
- A presentation about Lund University
- Study abroad fair at host university to promote exchange studies
- Information session for prospective students
- Pre-departure events for international students accepted to LU
- Alumni event organised by LU or Swedish Consulate
- On campus visit by LU staff
- Talking with other students during class and social events
- Talking with your professors and the international office staff
Study abroad fairs

• Most partner universities host a Study Abroad / Go Global fair

• Your chance to represent LU and help promote LU as a study destination

• Contact studentreception@lu.se with the details, date & t-shirt size – we will send LU materials

• Contact your international coordinator at the department/faculty – special information?

• Decorate your table with other Swedish items, e.g. flags, pictures

• Send us photos from the fair!
Tools and resources to help you

• Key messages about Lund University
• Powerpoint presentation
• LU presentation film (2 min long) on YouTube
• Marketing materials – brochures, full prospectus, bookmarks, posters, postcards, LU t-shirts
• LU Instagram account, LU Facebook page (English)
• International Marketing and Recruitment team at Lund University
• www.sweden.se website
Your LU Experience

The most important information of all!

- Academic life
- Student life
- Social life
- Day-to-day practical examples
- Swedish culture and traditions
- Travel
- Share your LU experience
Where to find information - Svenska

www.lu.se
> Studera
> Studera utomlands

• Checklist
• Powerpoint presentation slides
• Link to YouTube film
• PDF of brochure
Where to find information - English

www.lunduniversity.lu.se

>Current students
>Study abroad opportunities

- Checklist
- Powerpoint presentation slides
- Link to YouTube film
- PDF of brochure
Student Ambassador gifts for you
Insurance during your time abroad

Isabelle Jönsson
External Relations
Lund University
Today I will speak about …

• Student UT
• Special circumstances
• Försäkringskassan
• Medicare Australia
• In case of emergency
• Don’t forget…
Student UT Insurance

- Student UT is a group insurance through Swedish Legal, Financial and Administrative Service Agency (Kammarkollegiet).

- You are covered automatically (it doesn’t cost anything for you) by Student UT if there is an agreement between Lund University and the University/Company you are going to, and if you receive credits at Lund University.

- An individual insurance can be issued by the department (MFS should receive specific info).

- You should receive a MIC card (Medical Insurance Card) or insurance certificate from your department at Lund University before departure.

- Exact dates or semester on card/certificate.

- Always call Falck Global Assistance if something happens!
Special circumstances

- China
- Russia
- Turkey

Order specific certificate from Kammarkollegiet to use when applying for visa
Student UT Insurance

- Applies 24-hours a day in the country of studies/internship
- Two weeks prior to and two weeks after the study period
- During direct travel between the country of study and the student’s residence in Sweden or the city in which studies are conducted in Sweden
- Applies during holidays while the insured is staying in the country where she/he is studying and the studies will continue after the holiday
- Also valid during a direct journey from the country of study to another country to continue studies in the new country
- No deductible (except property SEK 1,500)
- No limitation in amount (except liability up to SEK 10 million)
The insurance includes

• Personal injury cover
• Emergency medical and dental care (no limitation in amount)
• Pre-existing conditions are covered in case of emergency
• Property cover not exceeding SEK 20,000 (deductible/själv risk SEK 1,500)
• Liability cover (up to SEK 10 million)
• Legal expenses cover
• Please read the full terms and conditions
  http://www.kammarkollegiet.se/forsakringsavdelningen/forsakringar-riskhantering/student-ut
New terms and conditions

From 1 January 2015 new terms and conditions, please read them carefully before departure

How does the insurance work?

- Call Falck Global Assistance before something happens if possible
- Save all receipts/kvitton
- File claim form/skadeanmälan
- Submit if possible, police report, other documents
- Coordinators signature, LU sends it
- Kammarkollegiet evaluates
- Refund after a couple of weeks

Claim form:

http://www.kammarkollegiet.se/sites/default/files/claim_form_student_in_out.pdf
Försäkringskassan

Special agreements with Australia, Algeria, Israel and Québec

Order specific insurance document by calling Försäkringskassan

http://www.forsakringskassan.se/privatpers/studerande/studerar_utomlands
Health Care in Australia

Belgian or Swedish citizens should apply for a membership card from the national health service in Australia, Medicare, as soon as they arrive in Australia.

Download Medicare Enrolment Application Form. Submit it at a Medicare office together with passport, a valid visa and identification showing you are enrolled in your country’s national health scheme (Försäkringskassan).

Once approved, you will receive the card in the mail. You will then be able to make a claim for reimbursement of the cost of visits to doctors at Medicare offices should you need to during your stay.
Traveling within EU/EEA?

- European Health Insurance Card
- Swedish Citizens - Försäkringskassans www.fk.se
- Non Swedish Citizens – your national health insurance provider in EU
  http://ec.europa.eu/social/main.jsp?catId=563&langId=en #nationalinfo
- You pay the same cost to consult a doctor as the local population in the host country
In case of emergency

• Emergency assistance by Falck Global Assistance
  +46 8 587 717 49  fga@se.falck.com

• Keep your family informed about the situation

• Contact your embassy and follow their and UD´s (Ministry of Foreign Affairs) recommendations

• Follow the instructions on your host university/placement

• Contact your coordinator at Lund University and at your host university (if you are ok/if you are not ok)
Please consider…

- Do I need to bring this? Property targeted by thieves (e.g. computers, mobile phones)
- Make sure you know where you have the original receipts for items you bring. If you lose them, you will not be reimbursed if you don’t have the original receipts.
- Make sure you bring necessary medicine for the full period.
- Send this presentation to a family member so they can help you if necessary from back home.
- Avoid unnecessary situations.
Resklar

Resklar app UD
http://www.regeringen.se/sb/d/14728/a/170950
Contact

Student Insurance Coordinator Isabelle Jönsson
isabelle.jonsson@er.lu.se 07 222 55 888

International Desk on Stora Algatan 4 Lund
Monday – Friday 10AM-2PM
(during summer 10-13 Monday - Thursday)
Project 6

Jonna Glemne
Zeynep Uca
Practical issues

Lena Jonsson
External Relations
Lund University
Before departure

• Approval of study plan from study advisor / programme coordinator at LU (for accreditation later on)
• Follow instructions from your faculty and coordinator at LU as well as instructions from the host university
• Insurance by Kammarkollegiet (Student UT)
• Study allowances (CSN) [www.csn.se/utomlands](http://www.csn.se/utomlands)
• Visa application [www.regeringen.se/sb/d/2366 Diplomatlistan](http://www.regeringen.se/sb/d/2366)
• Vaccination [www.vaccination.nu](http://www.vaccination.nu)
• International driver’s license [www.motormannen.se](http://www.motormannen.se)
Erasmus+

- Learning Agreement for studies / traineeships
  Approval of study plan from study advisor / programme coordinator at home university (for accreditation later on) and partner university

- Erasmus scholarship

- Language test before and after exchange (mandatory)
  English, French, German, Spanish, Italian, Dutch

- Possibilities to take language courses online (optional)

- Erasmus Mobility Tool (mandatory survey report)

- Contact person: Ingrid.Temler@er.lu.se
Important documents to bring

• Acceptance from host university
• Up-to-date transcript from LU
• Learning Agreement
• Insurance documentation
• Financial documentation (CSN, bank)
• Passport and visa
• Some identity photos
• Medication
During your time abroad

- Orientation week / Introduction week
- Approval from LU for any changes in study plan
- Information about your studies abroad (course descriptions, schedules, literature etc)
- Registration in Ladok via Studentportalen
- Student ambassador at study abroad fairs
- Apply for courses at LU next semester
- In case of emergency
- Current mail address
After your time abroad

• Transcript from host university
• Accreditation and registration of studies abroad in Ladok (show transcript, LA and information about your studies to your study advisor / programme coordinator at LU)
• Evaluation report
• Share your experiences (info meetings, Global Day etc)
• International mentor for students coming to LU
  
  fadderi@er.lu.se
Global Day

Enjoy the rest of the programme during Global Day:
15:30   The Global Student   Konsertsalen
16:30   Trends Altering the Workplace   Konsertsalen
18:00   The Global Student   Konsertsalen

All afternoon   Information and meetings   Stora salen
19:00   Global Night   Källarsalen
Good luck!