P6 is an independent organization working for Lund University students to promote sexual health on a physical, emotional and social level.
Why should I reflect on my sexual health before going abroad?

- Change of country – Change of habits
  - More risk behavior

- Possibly higher prevalence of STIs
  - ”Different” STIs

- Different views on sex and sexuality
  - Laws, traditions can make it more difficult to care for your sexual health
Staying Safe Abroad
Before your trip

• Get tested
  – Remember: Most people don’t get any symptoms!

• Do your research

• Don’t forget to pack your necessities!
  – Favourite condoms/lube, birth control

• Vaccinations
  – Protection against hepatitis B
Staying Safe Abroad During/After your trip

- Care for yourself and your partners: Practice safer sex!

- Avoid self-medication and don’t order prescription medicine online!

- When you come home: Get tested
  - Even if you’ve gotten tested/treatment abroad it’s good to check that the STI is healed or check if continued treatment is needed
How to find the P6 Office

GOAL!
AF-building, 4th floor
p6@projekt6.se
Facebook.com/ProjektSex

Welcome!
(psst! Membership is free!)