



LUND
UNIVERSITY

Pre-Arrival Guide

AUTUMN 2021 | PLANNING YOUR STAY AS A STUDENT IN LUND



Contents

Welcome to Lund University – a world class university.....	3
One university – three campuses	4
Corona related information	6
Residence permits and right of residence	7
Student accommodation	9
Hostels and short-term living.....	13
Travelling to Lund University	14
Arrival Days at Lund University	16
The Orientation Weeks.....	18
Financial matters.....	20
Insurance, health care and well-being.....	23
Your studies.....	26
Student life in Lund	28
Sweden	30
Academic Calendar.....	34
Pre-Arrival Check-list.....	35
Contact details.....	36

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Shuo Dong, LU Photo Competition Spring 2019.

Welcome to Lund University – a world class university

Lund University was founded in 1666 but can arguably trace its roots to 1436 when it was recognised as a studium generale, an institution of international excellence. For more than 350 years, the University has been a powerful force within education, research and community building, which has left its mark on Lund, the region and the nation.

AN INTERNATIONAL PROFILE

With nine faculties and several research centres and specialised institutes, Lund University is the largest provider of research and higher education in Sweden. Today, Lund University is an international centre for research and education and has evolved into one of the most internationalised universities in Sweden, cooperating worldwide with a great number of universities, university networks and research institutes. With a strong international profile, Lund University offers a rich and diverse student and academic body where you can meet people from all over the world, soak up the Swedish culture and even learn a new language.

THIS PRE-ARRIVAL GUIDE

We are delighted that you are planning to study at Lund University, a non-profit Swedish university and one of Europe's broadest and finest. We have created this Pre-Arrival Guide to help you prepare for your start at Lund University this Autumn. While great care has been taken to make it as accurate as possible, be aware that things are changing rapidly these days and despite our best efforts to plan and provide good information, please keep yourself updated using the websites we provide in this document.

Degree students

Degree students study a 1-, 2-, or 3-year degree (Bachelor's or Master's) where Lund University issues your degree. You have applied on universityadmissions.se or antagning.se and receive a Notification of Selection Results. Students who have applied for individual courses via universityadmissions.se or antagning.se can also follow directions for Degree students.

Exchange students

Exchange students typically study for 1–2 semesters or summer. You receive a degree from your home university but transcripts will show some courses have been taken at Lund University. You apply through your home university and receive a Letter of Acceptance from Lund University.

Double Degree and EU Joint Programme students

You will have at least two universities who will award your degree. You have likely applied to your programme at another university and will spend different amounts of time as a student at Lund University. Please always refer to the information you receive from your coordinator about specific dates and deadlines. This guide can be used for general help about Lund University.



One university – three campuses

The student traditions at Lund University date back to 1666. Today the university has expanded to three different cities and three different campuses; Lund, Helsingborg and Malmö. Lund hosts the original campus grounds, Malmö is home to the University's Faculty of Fine and Performing Arts and to the medical research training and public health education and Helsingborg offers Campus Helsingborg welcoming service management, communications and also some of the engineering students.

LUND CAMPUS

Lund is one of the oldest cities in Sweden but with the healthiest and youngest population in the country. There are 130 nationalities in Lund, making it a truly international city.

Lund is a city of contrasts where the old city centre, which dates back about a thousand years, thrives alongside modern buildings. The city itself is compact and charming, with picturesque old houses, romantic cobbled streets and beautiful green surroundings. It is said that you can spend your whole life here without

seeing all the quiet little corners, all the beautiful buildings and details. The most convenient way to get around in the city is by bike.

Lund is a city in which the university has an enormous presence, a true student city where you can choose to study at one of the many cafés, green parks or student buildings. In addition, there is a comprehensive public transport system including buses and trains to transport you in and around Lund, Sweden and nearby Copenhagen in Denmark.

CAMPUS HELSINGBORG

Helsingborg is known as “the Pearl of the sound” because of its beauty and proximity to the Öresund strait. It is the ninth biggest city in Sweden and has a rich variety of cultural activities and nightlife. The city is connected with a comprehensive public transport system and it takes about 30 minutes to commute between Helsingborg and Lund.

Campus Helsingborg, situated in the centre of Helsingborg, is where approximately 4000 students enjoy modern premises and access to the latest technology. The characteristic of Campus Helsingborg is its cooperation with the surrounding community. Education, research and development are carried out in constant cooperation with the Helsingborg region and its business sector.

At this campus the programmes in Service Management, Strategic Communication and Energy-efficient and Environmental Building Design are taught. Many of the students who study at Campus Helsingborg live in Helsingborg city.

MALMÖ CAMPUS

Malmö is the third largest city in Sweden and only 10 minutes away by train from Lund and 25 minutes from Copenhagen. Formerly an industrial city, Malmö has blossomed into one of the most culturally diverse commercial hubs in Sweden.

With a population of almost 350 000, made up of 170 nationalities, there are many opportunities to try different kinds of food and experiences from all around the world.

The city is home to Lund University’s Faculty of Fine and Performing Arts, comprising the Malmö Academy of Music, the Malmö Art Academy and the Malmö Theatre Academy. In addition to the medical research and training in Lund, public health education, medical training and research are also conducted at the Skåne University Hospital in Malmö.

QUICK FACTS

LUND

Founded: 990
Population: 124 935
Average age: 38 years

HELSINGBORG

Founded: 1085
Population: 112 498
Average age: 40 years

MALMÖ

Founded: 13th century
Population: 344 166
Average age: 38 years



LUND



USEFUL LINKS

WEBSITE FOR CURRENT STUDENTS AT LUND UNIVERSITY

www.lunduniversity.lu.se/current-students

LUND CAMPUS

City of Lund: www.lund.se/en
Lund tourist office: www.visitlund.se/en

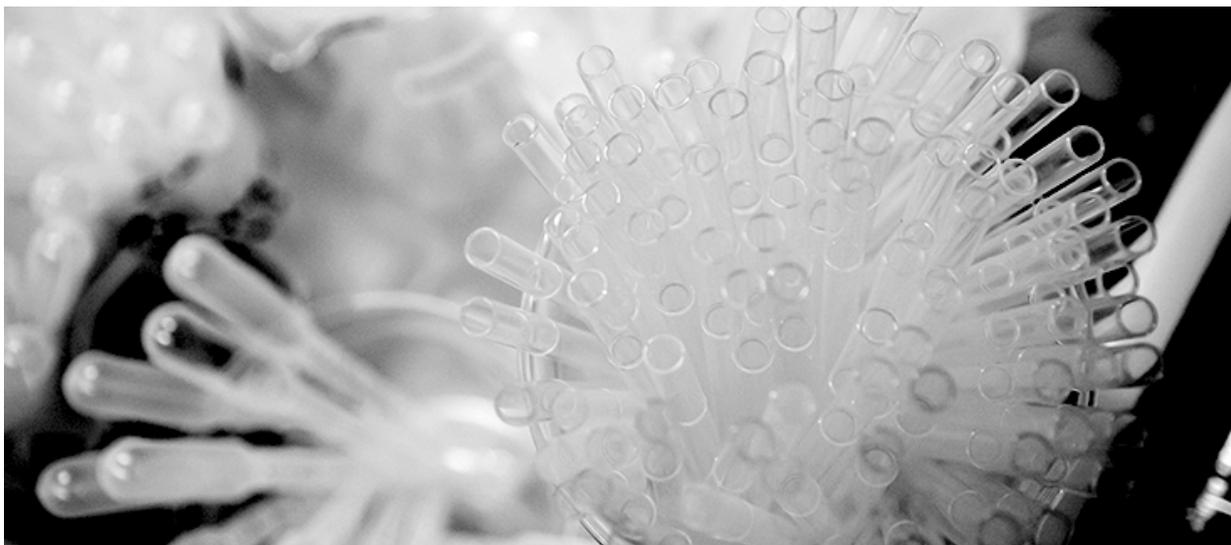
CAMPUS HELSINGBORG

Campus Helsingborg: www.ch.lu.se/english
Helsingborg city student website: english.helsingborgsstudent.se
City of Helsingborg: www.helsingborg.se

MALMÖ CAMPUS

Faculty of Fine and Performing Arts: www.arts.lu.se
Malmö Academy of Music: www.mhm.lu.se/
City of Malmö: www.malmo.se/





Corona related information

Lund University is following the Swedish Government's and The Public Health Agency's recommendations and guidelines regarding measures to reduce the spread of the coronavirus (Covid-19).

At the time this guide is being created (May 2021), it has not yet been decided whether teaching and assessment will be offered digitally or take place on campus during the autumn semester of 2021. A decision will be announced later this spring.

STAY INFORMED VIA THE LUND UNIVERSITY WEBSITE

It is very important you look into the situation surrounding the Covid-19 pandemic to prepare for your trip to Lund University. The best way to do this is to keep yourself informed by checking the websites below which will be continually updated whenever something changes. Here are links to help you keep updated:

Covid-19 information for current students at lunduniversity

www.lunduniversity.lu.se/coronavirus-covid-19-information-students

Lund University's handling of the Covid-19 virus

www.lunduniversity.lu.se/about-university/universitys-handling-coronavirus

Corona FAQ for newly admitted degree and exchange students

www.lunduniversity.lu.se/coronavirus-covid-19-faqs

GOVERNMENTAL SITES AND OTHER WAYS TO STAY UPDATED

Students are urged to stay updated via the websites of public authorities as well as through Lund University's dedicated coronavirus webpages:

- Recommendations and general guidelines by the the Public Health Agency of Sweden: www.folkhalsomyndigheten.se/the-public-health-agency-of-sweden/
- Swedish authorities' emergency information: www.krisinformation.se/en
- The Swedish Police (regarding entry restrictions for Sweden): polisen.se/en/the-swedish-police/the-coronavirus-and-the-swedish-police/travel-to-and-from-sweden/
- Travel restrictions for Denmark: en.coronasmitte.dk
- The Local – Read Sweden's news in English: www.thelocal.se
- International Desk Facebook – like us on Facebook to get our updates and information about events: www.facebook.com/internationaldesk



Residence permits and right of residence

DEGREE STUDENTS – Remember to pay the tuition fee before applying for a residence permit.

RESIDENCE PERMIT – NON-EU CITIZENS

Students who are not citizens of an EU or EEA country and will be in Sweden for more than 3 months must have a residence permit, or "uppehållstillstånd", for study before they travel to Sweden. The authority responsible for issuing residence permits is the Swedish Migration Agency, Migrationsverket.

Students admitted to a multi-year degree programme at Lund University are able to apply for a two-year residence permit for studies in Sweden. That is, providing that all conditions, including the student's ability to support him/herself financially, are met for the whole permit period. Typically, students taking a 1-year program should apply for 10 months while students studying a 2- or 3- year programme can apply for 13 or 22 months.

If you are admitted to an EU programme or a multi-lateral programme that includes mobility measures or an agreement between two or more educational institutions within the EU, and already have an EU-residence permit, you need to notify the Migration Agency of your plans to move to Sweden. For more information, please visit the Migration Agency's website.

ENCLOSE THE FOLLOWING DOCUMENTS IN YOUR APPLICATION:

- Copies of the pages in your passport which show your personal details, the period of validity and whether you have permission to live in countries other than your country of origin
- A Letter of Acceptance/ Notification of Selection Results showing that you have been admitted to full-time study
- To prove that you have full health insurance, attach the terms and conditions of the FAS+ insurance policy to your application and state the link to the university's insurance page, see link below. In addition, read the chapter on student health insurance. www.lunduniversity.lu.se/student-life/before-you-arrive/health-and-insurance
- Proof that you are able to support yourself financially for the planned study period (e.g. a bank account statement).

The application process for a residence permit normally takes 1–4 months. It is our recommendation that students start lodging their applications at the beginning of May and not before. The Migration Agency first processes applications for which complete information

and all necessary documents have been submitted. In other words, you will receive a faster decision if you send a complete application with everything the Migration Agency needs, than if you add information afterwards. Remember that the Migration Agency might have to investigate your application further, even if you submit all the information and documents that they have asked for. To locate the nearest Swedish Embassy/Consulate or the one in your country of residence and to find out which specific documents are required for your country, go to www.swedenabroad.se

HOW TO APPLY FOR A RESIDENCE PERMIT (NON-EU CITIZENS)

In order for the Swedish Migration Agency to process your application for a residence permit efficiently, it is crucial that you have the correct documents. Follow the instructions provided by the Migration Agency carefully. More information about how to apply is available at website of the Migration Agency: www.migrationsverket.se

APPLY ONLINE

It is strongly recommended that you make your residence permit application online (if possible) and make sure that you include all the correct documentation. First-time applications for residence permits cannot, under any circumstances, be submitted after entering Sweden.

SHOW THAT YOU CAN SUPPORT YOURSELF FINANCIALLY

The support requirement at present is a minimum of 8 568 SEK per month. You must show that you have funds for the entire permit period. If you are studying for more than one academic year, this needs to include the summer period. You can show that you can support yourself by submitting bank statements. Please refer to information at the Migration Agency for more details. Make sure that you do NOT use a shared bank account (the bank account has to be in your name only). Also, remember that sponsorships are not permitted (you need to be able to show all the required funds in a bank account in your name). If you have a scholarship that will help cover your living

USEFUL LINKS

- The Swedish Migration Agency: www.migrationsverket.se
- Right of Residence for EU/EEA citizens: www.migrationsverket.se/English/Private-individuals/EU-citizens-and-long-term-residents/After-five-years-in-Sweden/Permanent-right-of-residence.html
- Residence permits for Swiss citizens: www.migrationsverket.se/English/Private-individuals/EU-citizens-and-long-term-residents/Swiss-citizens.html
- Information for British Citizens: www.migrationsverket.se/English/Private-individuals/British-citizens.html

costs, you will have to upload official documentation to prove this.

RESIDENCE PERMIT CARD

If you have been granted a residence permit you will also receive a residence permit card as proof that you are permitted to live in Sweden. This card should be used when travelling to Sweden. Please note that it can take 3–4 weeks to receive the card after the residence permit decision has been made. In order for your card to be produced, you must have provided your biometric data at a Swedish Embassy/Consulate abroad.

The card has a computer chip that contains your fingerprints and a photo of you. You need to always have your residence permit card with you when you go to government agencies or the health care services.

IF YOU DO NOT NEED A VISA

If you are from a country where you do not need a visa to enter Sweden/the Schengen area, you can travel to Sweden with only a copy of your residence permit decision. You do not need to wait for the residence permit card to arrive. Instead, you can visit the Migration Agency upon your arrival in Sweden and give your biometric data. You need to book an appointment to get it done.

EU OR EEA CITIZENS

As a student from an EU/EEA country you have the right to study in Sweden without a residence permit. You can come to Sweden without applying for any permit. Remember that you have to bring a valid passport to Sweden to prove your citizenship.

CONTACT INFORMATION TO THE MIGRATION AGENCY

The Swedish Migration Agency handles residence permit applications, and on their webpage, you will find detailed information about applying and it is also possible to check the current status of an application.

Please note that it can take 1–4 months to get a decision from the Migration Agency. However, if you feel that something might be wrong with your application, you can contact them directly.



Student accommodation

Lund is a small university city with a limited amount of accommodation and many students that are looking for housing at the same time. Make sure to look for accommodation in several different ways. We strongly recommend that you have your accommodation sorted out before your arrival.

ACCOMMODATION FOR STUDENTS

For new students at Lund University (Swedish and international) finding affordable accommodation can be a challenge. AF Bostäder and LU Accommodation are the two largest providers, but many students are staying with student nations or private landlords.

You have to be active in your search for accommodation. As Lund is a small city with good biking lanes you can stay in any part of the city and still be no more than a bike ride from your lectures. If you are prepared to commute with public transport, you will find several other cities, within a 30 minutes radius from Lund.

If you are going to study at the campuses in Malmö or Helsingborg you will probably prefer to live in those cities.

Bopoolen (more below) has created a great checklist to help you make sure you have checked out all the different ways to apply for housing: <https://bopoolen.nu/en/checklist-of-housing/>

LU ACCOMMODATION

LU Accommodation (LUAcc) is a part of Lund University that offers housing to international students and has a limited number of corridor rooms and flats

in Lund, Helsingborg and Malmö. Tuition fee paying degree students, exchange students from University of California and holders of a Linnaeus-Palme scholarship are guaranteed accommodation. Since there is a great demand for housing, unfortunately it is not possible for LUAcc to offer accommodation for all students.

Room types

A corridor room is generally a single room situated on a corridor of 5–12 rooms where you will be living with other students. You will share a fully equipped kitchen and a living room with the others on your corridor. In some cases, bathrooms are also shared. Internet is included, however the internet connections offered may not be wireless so you will need to bring your own Ethernet cable.

A twin room consist of a room with two beds including WC/shower and a kitchenette. These rooms are self-contained units shared with your roommate. This room type is only booked for students requesting to be placed together.

A room in a two-bedroom apartment is an apartment shared by two tenants. The apartment has two

separate bedrooms, living room, WC, shower and kitchenette/kitchen.

A studio flat is a single room with a small kitchenette and a bathroom with a toilet, sink and shower. There are no shared common areas, but there is a shared laundry room. LUAcc also has access to a small number of one-bedroom apartments. These apartments are normally reserved for couples where both applicants have been accepted for studies at Lund University. Please note that LUAcc is unable to offer family accommodation.

Application

The application to LUAcc is an online application. The dates are different for student types. The application dates for Exchange students has already passed and students should have received information about applying. For degree students and other groups, please look at the information provided by LU Accommodation here:

www.luaccommodation.lu.se/student-accommodation/apply-accommodation/application-periods

You start your application by creating an account and log in to fill out the online application. Make your application as soon as possible. Please note that you will not be able to make any changes in your application once it has been submitted.

If you miss the application period, you need to contact LU Accommodation via e-mail. Depending on the time of year, you may still be considered in the allocation process, but you will always have lower priority than applicants who applied during the application period.

Accepting a housing offer

If LUAcc can offer student housing to you, you will receive an email with a room offer in June or July. Detailed information about the housing offer and the required deposit (2000 SEK) will be found when logging in to your housing account. When you are logged in to your housing account you can also accept the offer, make the first rent instalment and pay the deposit. You will also sign the contract online.

Please note that the housing offer is only available to you during a limited time period, normally 7 days. If you do not accept the offer before the deadline, it will go to another applicant. LUAcc can only make one room offer per student. If you choose to not accept the offer you will have to find alternative housing elsewhere. It is highly recommended that you accept a housing offer from LUAcc, since it can be difficult to find alternative housing in the beginning of a new semester. If LUAcc is not able to offer you accommodation, you will receive notice that you have been placed on their waiting list.

First rent instalment and induction

The first rent instalment has to be paid on or before the payment deadline which can be found in your online housing account. You will be need to pay through your online housing account with either a Visa card or MasterCard.

Shortly before your arrival, you will have to complete your induction via your online housing account. Please note that you will only be able to pick up your keys if you have completed your induction, paid your first rent instalment and your room deposit of 2000 SEK. The deposit will be refunded when you move out if you have not incurred any outstanding costs.



Rental information

Rooms offered by LUAcc are rented for the full academic semester. The rent varies depending on the area and the type of room, but is currently set at between SEK 17 000 and SEK 22 000 per semester. This includes electricity, water, heating, internet and use of kitchen and laundry facilities. In addition to your rent, you will also have to pay a fixed deposit before you move in that will be refunded when you move out if you have not incurred any outstanding costs.

Rental payments will be made in advance before the last day of the month, e.g., the payment deadline for the rent of February will be the 31st of January. The rent has to be paid using a Visa card or MasterCard through the online service found when logging in to your housing account. You will pay rent for the entire rental period stated on your contract, irrespective of your actual departure date.

Standard and furnishing

The rooms from LUAcc are furnished with a bed, mattress, desk, chair, lighting fixtures and bookshelf. Pillow, blanket, bed linen, towels and a shower curtain are not provided.

AF BOSTÄDER – STUDENT HOUSING

AF Bostäder is an independent foundation renting out rooms and apartments to Swedish and international students at Lund University. AF Bostäder is the largest provider of student accommodation in Lund with 7 000 students as their tenants. 2 900 of these stay in corridor rooms and the rest in apartments with 1–4 rooms.

You can sign up for the AF Bostäder a lottery for accommodation, between 16–19 July, which is only for new students, called “novisch”. It is very important you do not apply early! If you apply early, you will not enter the newcomer lottery but instead join their regular queue which has a 10-month average wait time. In order to take part in the lottery and to receive a place in the queue at AF Bostäder you will need to be a member of Studenlund before applying for the lottery. For the application, you will need your personal code no. or a Swedish Personal Identification number. They consist of your birth year, month and day, followed by 4 numbers or one letter (T and R are most common) and 3 numbers. Like this: YYYYMMDD-TXXX or YYYYMMDD-XXXX.

Make an application to AF Bostäder:

- Degree students – Go to the AF Bostäder’s website for more detailed information about the application process. Find the website here: www.afbostader.se. You will find the personal code no. that is required on your “Notification of Selection Results” that you can download at www.universityadmissions.se.
- Exchange students – you will receive an email in early July with information and the personal code no. you need to apply.

USEFUL HOUSING CONTACT DETAILS

LU ACCOMMODATION

www.luaccommodation.lu.se

Email: luacc@service.lu.se

Phone: +46 (0)46-222 01 00

Visiting address: Tunavägen 20, Lund

OTHER HOUSING AGENCIES

www.lunduniversity.lu.se/housing

AF BOSTÄDER

www.afbostader.se

Tel: +46 (0)46-19 15 00

Email: info@afbostader.se

BOPOOLEN

www.bopoolen.nu

Tel: +46 (0)704-56 11 87

Email: bopoolen@lus.lu.se

SWEDISH TOURIST ASSOCIATION (STF)

www.svenskaturistforeningen.se

AIRBNB

www.airbnb.se

BOPOOLEN

The Housing Pool, "BoPoolen", is a website for housing advertisement run by the Lund University Student Unions (LUS). The service is managed via their website www.bopoolen.nu where you can post ads for housing as well as search for housing ads. BoPoolen.nu does not apply a queuing system and does not charge any fees for their services. Bopoolen.nu provides check-lists for housing, drafts of rental agreements, information about laws and regulations as well as advice on how to avoid fraudsters. The draft contracts are available in both English and Swedish.

- Websites – Visit www.bopoolen.nu and other websites with housing ads as often as possible to check for available housing. Personal contact is very important and competition is fierce.
- Advertise – Place your own ad on BoPoolen.nu and other websites with housing ads. Make sure that you write a little bit about yourself and what you are looking for. Please be aware of fraudsters.
- Live nearby – Lund is a small city and unfortunately does not have room for all students at Lund University. It is very hard to find a place to live near the center of Lund and many students live in the surrounding areas instead. Luckily there are a few bigger cities and a lot of beautiful towns easily accessible by bike, bus or train. It is easy to commute!

- Don't be too picky – The housing situation in Lund is tough and most people have to wait a while for the dream apartment.
- Written agreement – When you find housing, make sure to sign a written agreement and keep your own copy of it. It is the easiest way to prevent problems that might occur in the future. If you are paying a deposit, make sure it is stated in the contract. It is also a good idea to take a photo of any damages that is in the apartment/room when you move in, to undermine the risk of having to take responsibility for damages not caused by you.

BOPOOLEN WANTS YOU TO BEWARE OF HOUSING FRAUDSTERS

When searching for housing on your own, please beware of fraudsters. Unfortunately, there are those who try to take advantage of a tough housing situation by defrauding housing applicants. It can be difficult to recognize a fraudster, especially if it is the first time you are looking for housing on your own. The staff at Bopoolen is constantly working to prevent scammers. It is always important to stay alert and know the warning signs of a fraud. If you encounter a fraudster or if you have doubts about a landlord, you are in contact with, you are welcome to contact BoPoolen.

WARNING SIGNS OF A FRAUDSTER

- The landlord is abroad and not able to show the apartment.
- Demands for large sums of deposit or advance payments
- Requires payment through Western Union or to a foreign bank account.
- The landlord is pushing you to complete the deal quickly.
- The landlord doesn't want to give you their real name and Swedish social security number.

ADVICE ON HOW TO AVOID HOUSING FRAUDSTERS

- Look up the address of the apartment online to make sure it is real.
- Ask for the landlord's full name, address and social security number. Name and phone number can easily be changed.

- Google the name and email address the landlord is using. If you are dealing with a fraudster, you might find warnings online.
- Never send personal information or ID to anyone suspicious. Your personal information can be used in other scams.
- Never send any money before you have signed a tenancy agreement and are sure that you have access to the apartment (note: not applicable for housing from LUAcc). If you have to send money in advance, consider using PayPal or another safe alternative for money transfer.
- It is always okay to ask to see the apartment before signing the contract.



Hostels and short-term living

Hostels in Lund, Malmö, Kävlinge and Helsingborg

LU GUEST HOUSE

www.luaccommodation.lu.se/university-guest-house

Email: lu.guesthouse@service.lu.se

WINSTRUP HOSTEL LUND

www.winstruphostel.se

Tel: 0723-290 800

Email: stay@winstruphostel.se

BOSSES GÄSTVÅNINGAR MALMÖ

www.bosses.nu

Tel: 040-32 62 50

Email: info@bosses.nu

HELSINGBORG HOSTEL CENTER

www.helsingborgsvandrarhem.com

Tel: 042-14 15 65

Email: info@helsingborgsvandrarhem.com

TORGET VANDRARHEM (THE TOWN OF KÄVLINGE)

www.torgethotell.com

Tel: 046-540 80 05

Email: torgethotell@gmail.com

SWEDISH TOURIST ASSOCIATION (STF)

www.svenskaturistforeningen.se



Kjeld van den Heuvel, LU Photo Competition Spring 2020.

Travelling to Lund University

TRAVELLING TO SWEDEN AND LUND DURING COVID-19

It is your responsibility to stay updated regarding any travel restrictions and regulations before travelling. Entry bans and restrictions can change rapidly and the same goes for any covid testing which may be required.

If you change planes or have a layover on your way to Sweden, do not forget to check the rules/regulations for the country/countries of your transit. We at Lund University will do our best to help inform you of important changes but, again, it is your responsibility to know and understand them.

Also, when arriving and during your time in Sweden, it is extremely important to follow the guidelines given by the Public Health Agency of Sweden. It is your responsibility to stay up to date and follow the guidelines for Lund.

We strongly encourage all international students to have working credit card that allows international purchases in case self-quarantine will be required upon arrival in August.

PASSPORT AND OTHER DOCUMENTATION

Due to the border controls between Sweden and Denmark, it is important that all students bring their valid passports including if you are an EU/EEA citizen.

If the travel restrictions continue in August as they do now or if they become more restrictive, we recommend having hard copies of documentation

that help show you will study at Lund University and any vaccination documents or negative Covid-test documents. To show you will live and study in Sweden, you might bring documents from the Swedish Migration Agency, your Letter of Acceptance/Notification of Selection Results, housing contracts, etc. Details about documents regarding vaccinations or test results will be updated on our website as it is difficult to say exactly which documents may be required in order to enter Sweden from abroad or via Copenhagen Airport. Keep up to date with information provided through the Useful Links in this section.

BY AIR

From Copenhagen Airport CPH/Kastrup

Copenhagen Airport, CPH, at Kastrup in Denmark, is the largest international airport closest to Lund. Landing at Kastrup airport means entering Denmark and persons of some nationalities will need a Danish transit visa. Please remember to check with the Danish Embassy/Consulate in your home country if you need a transit visa to Denmark or if a Schengen visa is enough.

By train you can conveniently reach Lund, Malmö and Helsingborg directly from the Copenhagen Kastrup Airport. Please note that you have to buy the ticket before you board the train. If conditions allow, international mentors are present by the ticket machines at Copenhagen Airport during the Arrival Days.

In order to help your travels from Copenhagen Airport to Sweden, we have created a video about how to use the Skånetrafiken app and buy your ticket on your phone. In some cases, you may need to do this at the airport in Copenhagen in order to come to Sweden, so please watch the video before your trip. See QR-code below.

The trip from Copenhagen Airport to Lund will take about 40 minutes. Tickets to Lund cost approx. SEK 150. Trains from Copenhagen airport to Malmö takes approx. 25 minutes and cost 120 SEK. Trains to Helsingborg central station from Copenhagen airport takes approx. one hour between and are approx. SEK 215.

FROM MALMÖ AIRPORT MMX/STURUP

The local airport Malmö-Sturup, MMX, has frequent domestic flights mainly from Stockholm, but also international flights from for example London, Warszawa, Salzburg and Budapest.

The taxi companies operating at the airport have set prices for journeys between the airport and Lund as well as other destinations. The price to Lund by taxi should not cost more than SEK 500 at any time of day or night. The price should be settled with the driver beforehand.

BY TRAIN

Travelling by train in Europe is the most environmentally friendly option to get to Lund University. It takes less than an hour by local commuter train, "Öresundståg" to travel from Copenhagen Central Station to Lund.

Lund is located on the main railway from Malmö to Stockholm and Oslo. Travel time from Stockholm is about 4 hours on the fast train or 6–7 hours on "Intercity" trains. Trains also run regularly from Gothenburg to Lund and take approx. 2.5–3.5 hours.

There is also an overnight train from Berlin and Hamburg, Snälltåget. Read more about tickets at: www.snalltaget.se/en

BY CAR

There are car and passenger ferry connections to southern Sweden from Germany, with Scandlines and TT-Line, and from Poland with Polferries. There are also connections via Denmark from Germany and the UK.

To travel by car over the Öresund Bridge from Denmark costs approx. 470 SEK one way, per car. Lund is conveniently reached from the main highways E6 and E22. It takes approx. 30 minutes to travel by car to Lund from the Öresunds Bridge and 1 hour from the bridge to Helsingborg on highway E6 and E20.

TAXI

Malmö – Lund by taxi is approx. 350 SEK for a group of 1–4 passengers and only small variations from that should be accepted. The trip takes approx. 20 minutes. The Swedish taxi market is free and most companies have recommended prices for defined routes (such as Sturup-Lund). Taxis in Sweden can be ordered in advance or found at taxi stops usually situated just outside stations, harbours etc. Hailing them in the street sometimes works but it is not the normal routine. Taxis normally accept all major credit cards.

HOW TO USE THE SKÅNETRAFIKEN APP TO BUY A TRAIN TICKET

Scan the QR-code or access the film on YouTube via this link: www.youtube.com/watch?v=yuS7HDOWV1Q



USEFUL LINKS

Public transport in Skåne (and from Kastrup)
www.skandetrafiken.se

Copenhagen Airport (Kastrup)
www.cph.dk/

Malmö Airport (Sturup)
www.swedavia.se/malmo/

Trains in Sweden
www.sj.se

Airlines in Sweden
www.sas.se
www.flygbra.se
www.norwegian.se



Arrival Days at Lund University

Note! These are preliminary plans! Updated information will be provided on: www.lunduniversity.lu.se/arrival

THE OFFICIAL ARRIVAL DAYS

Monday, 16 August and Tuesday, 17 August are the official Arrival Days for students and will take place at the Medicon Village Building in Lund. Monday is primarily for exchange students (SUSA courses start Tuesday) and Tuesday is primarily for Degree students. If necessary, it is of course fine to arrive on either day. Arrival Day is open from 9:00 to 20:00. Though we were not able to have student mentors at Copenhagen airport in spring, we plan that they can meet you there this autumn and should be found in the arrival terminal (7:30–18:45). Even if we cannot be at Copenhagen Airport, we can meet you at the Central Railway Station in Lund until 19:30. Again, keep updated by visiting the Arrival pages at www.lunduniversity.lu.se and remember, this is only available on the two Arrival Days.

As we expect around 1000 new international students at each Arrival Day, there may sometimes be waiting times and we will work strictly to help everyone keep their distance. We will have staff whose job it is specifically to help remind everyone to keep a distance! We ask for your understanding, patience and appreciate following the directions of the mentors. Disposable face masks and hand sanitizer will be available throughout the day. However, if you have any questions, don't hesitate to ask the international

mentors or Lund University staff. They will be present all day and are happy to help you.

SHUTTLE SERVICE

Between 8:45 and 19:30 buses will run from Lund central station to the Arrival Day services. You will be able to check in using the QR codes found on the bus. After you have visited the services you need at the Arrival Day venue, you will be given a lift by a minivan to your new accommodation in Lund. The service runs primarily to the accommodation areas provided by LU Accommodation and AF Bostäder in Lund, Malmö and Helsingborg.

Please note that the shuttle service is only available on the two Arrival Days.

CHECK-IN WITH A QR-CODE

You can find QR-codes to check-in either on the shuttle bus from Lund Central Station or at the Arrival Day venue. After you have left your luggage in the luggage room, you will be guided to the check-in area. In order to keep queues short, we will have tables with the codes spread out and mentors available for helping. When checking-in you will be offered a free tote bag from Lund University, made from recycled PET bottles. Free SIM-cards are also available.

LU ACCOMMODATION AND AF BOSTÄDER

If you received confirmed housing from LU Accommodation (LUAcc) or AF Bostäder you will be able to pick up your keys during Arrival Day. In order to receive your keys you must have completed the following steps:

- Accepted the contract
- Paid the deposit
- Paid your first rent
- Completed the induction:

BOPOOLEN

Bopoolen will be available digitally to assist students who have not found accommodation.

BEDDING PACKAGES

Student accommodation does not provide a pillow, blanket, bed linen, towels or a shower curtain. Bedding Packages will be on sale on Arrival Day. Students who have housing at LU Accommodation will be offered to purchase these in advance and have them waiting in their rooms.

The following items are included in the bedding package for the price of 756 SEK:

- 1 pillow
- 1 duvet
- 1 set of bedlinens
- 1 bedding sheet
- 2 different sized towels
- 1 kitchen towel
- 1 dishcloth
- 1 dish-brush
- 1 bottle of environmentally friendly washing-up liquid



INTERNATIONAL DESK

If you have any questions or need additional help during Arrival Day, you are welcome to visit the International Desk. You are also always welcome to ask for help from Lund University mentors and staff available during Arrival Day.

HELP DESK

If you have any problems with checking in, please visit the Help Desk for these problems. Make sure to have copies of your Letter of Acceptance/Notification of Selection Results and your passport when you visit here.

ARRIVING AFTER ARRIVAL DAYS

If you arrive in Lund later than 20:00 on either Arrival Day, you will not be able to reach us before we close and will therefore you need to organise alternative accommodation for the night. Make all these arrangements in advance, before departing for Lund.

The Medicon Village venue is only used during Arrival Days. If you arrive on a later date, the International Desk will be at another address. More information will be available in August.

If you want to pick up keys from AF Bostäder or LU Accommodation, please note that it is only possible to get housing keys during their visiting hours, so plan your arrival to Lund accordingly. If you choose to take a taxi, the visit will take approximately 10 minutes so you may want to ask the taxi to wait.

USEFUL LINKS

Information about Arrival Day:
www.lunduniversity.lu.se/arrival

Read more about the Orientation weeks on the International Desk Facebook Page:
www.facebook.com/internationaldesk



Matteo Monzali, LU Photo Competition Spring 2019.

The Orientation Weeks

The Orientation Weeks run between 16 and 29 August 2021. The official start of the semester is Monday, August 30th.

ORIENTATION GUIDE TO LUND UNIVERSITY – FULLY DIGITAL

We have adjusted our routines in order to enable students more flexibility in their arrival and participation in the Orientation Weeks at Lund University. We have created a fully digital Orientation Guide through the educational platform called Canvas. This Orientation Guide to Lund University will include information to get you started as a student at Lund University, information about activities and events during the Orientation Weeks and reference material which can be useful throughout your stay at Lund University. We want it to be a great tool for you settle in smoothly and get a good start to the student life of Lund. This guide will be made available during the first week of August giving you time to look at it before you arrive and start your studies.

ORIENTATION ACTIVITIES

The Orientation Weeks aim to help you settle in smoothly at Lund University and in the student life of Lund. A schedule with the most important events for the Orientation Weeks will be available online in June. The complete version will only be first available in the Orientation Guide in August.

ONLINE SEMINARS

During the Orientation Weeks there will be several online seminars for you to join. The General Information Meeting, the Safety Information, the counsellors at the Student Health Centre and many other seminars

will help you to get a good start as a student at Lund University.

SOCIAL ACTIVITIES

Again, plans are preliminary. These are the activities we hope to be able to offer.

There will be a lot of different social activities during the first weeks. Some events are organised by Lund University, others are created by the many student organisations. A few events will be online in order to make it easy for you to join regardless of where you are.

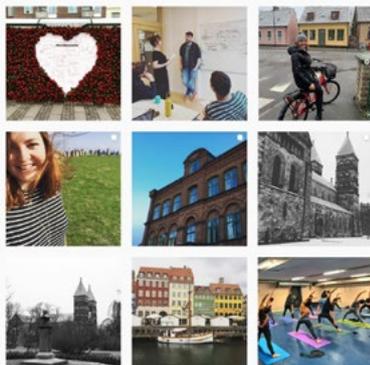
THE INTERNATIONAL MENTOR PROGRAMME

The International mentor programme welcomes all new international students at Lund University. You will receive an email by mid-June with information about how to sign up. The mentor group consists of 3–4 current students (your mentors) and a group of new international students. Your mentors are current students, both Swedish and international students.

The mentor group will arrange activities together, maybe you will be offered a tour of the city, join a pot-luck dinner, go to one of the nations' parties etc. You can always contact your mentors for any advice, so do not miss this opportunity to learn more about being a student in Lund. However, the international mentors cannot answer any questions about academic matters. Please note that your mentors do this voluntarily because they think it's a fun way of meeting people from all over the world.

SOME OF THE SOCIAL ACTIVITIES...

- Join a half-day hike or go biking through the countryside to a nature reserve.
- Mentor Group Challenge: Complete challenges in teams with new friends around the city (may be held digitally).
- Guided tours in Lund
- Join the International Desk for a guided tour of the Cathedral, the Botanical Garden, Kulturen's museums or the Museum of History.
- Running with International Desk
- Discover the city and set some healthy routines by jogging with us. Choose between 5k or 10k. We will have one faster group and one more relaxed.
- Try out frisbee golf
- There are two frisbee golf courses in Lund, equally challenging. It is a fun sport and it is easy to learn the technique but difficult to master...
- Speed friending – online
- Start up a new network of friends from all over the world during the online speed friending.
- and more...



FOR MORE INFORMATION AND THE LATEST UPDATES

The program during the Orientation Weeks has been made following previous recommendations from the Public Health Agency of Sweden. Though we are not currently allowed to hold such events, we hope that these will be relaxed by August.

During the Orientation Weeks it is important that you:

- Follow the instructions given by staff members, mentors or other organisers.
- Stay at home if you have even the slightest symptoms of a cold.
- Keep a good hand hygiene and only cough or sneeze in the fold of your arm.
- Respect the distance to other people.

Follow the International Desk Facebook page for more information and last-minute updates www.facebook.com/internationaldesk



Nick Robot, LU Photo competition Spring 2019.

HEJLUNDUNI INSTAGRAM COMPETITION DURING THE ORIENTATION WEEKS...

As a new international or exchange student at Lund University, we would love to share your first impressions of life in Sweden and at Lund University! Your photo or video could be anything from an online orientation week activity to your new favourite place in Lund. The choice is yours!

Use the hashtag #hejlunduni on a photo or video of yourself between 18 August and September 8, along with a short description of your first impressions of Lund University for the opportunity to be featured on the official @lunduniversity Instagram account. Each week a winning photo will be selected where the winner will receive an official Lund University backpack!



Financial matters

Degree students, remember to pay your tuition fee before applying for a residence permit.

LUND UNIVERSITY TUITION FEE PAYMENT (INFORMATION FOR TUITION FEE PAYING DEGREE STUDENTS ONLY)

Students who are citizens of countries outside the European Union (EU), European Economic Area (EEA) and Switzerland are generally required to pay tuition fees. Lund University issues an invoice in advance of each semester of study, with payment due before the start of the semester.

For autumn semester studies, invoices are generated and sent to you in the Student Portal during April. Payment is due by 20 May; however, we strongly urge you to pay as early as possible in order to make your residence permit application as soon as you can (early May and mid-June).

Once you have received notification of your acceptance to Lund University and have confirmed that you will accept your place on the course or programme, you receive an email with information on how to log in to the Lund University Student Portal. Through the

Lund University Student Portal, you can view and pay your invoice.

There are two ways to pay your tuition fee:
Online payment using a credit card (VISA, MasterCard)
Payment by bank transfer.

If you are granted a scholarship, the amount awarded will be deducted from your invoice accordingly, e.g., if you are awarded a 50 % scholarship, your invoice will only include half of the tuition fee due for that semester.

PAYMENT OF THE FIRST SEMESTER OF STUDY

Once the tuition fee for the first semester of study is paid, Lund University will directly notify the Swedish Migration Agency that payment has been received so that your residence permit application can then be finalised.

We encourage you to submit your residence permit application documents as soon as possible in May, and pay your tuition fee as soon as possible, so that your

residence permit can be processed in good time before the start of the first semester of your studies.

PAYMENT OF ONGOING SEMESTERS OF STUDY

For each following semester of study, a tuition fee invoice is generated in advance of that semester and sent to you via the Student Portal where you can make your payment.

CASHLESS SOCIETY

Sweden is becoming more and more cashless. In fact, in many restaurants, you are only able to pay with a card or certain payment apps. It is extremely important that you have a payment card that will work when you come to Sweden. Please DO NOT bring large amounts of cash with you. It can be useful to have some cash in case of problems with cards so you can buy groceries or in case of problems the first weeks. If you plan on bringing lots of cash to deposit in the bank to pay for things during your time here, it is important to know that banks are suspicious of large amounts of cash if you do try and bring in lots of money and put it in the bank.

CURRENCY AND MONEY EXCHANGE

The Swedish currency is called "krona" (SEK) and "öre" (100 öre = 1 krona). Banknotes are available in denominations of 20, 50, 100, 200, 500 and 1 000 kronor, coins in 1, 2, 5 and 10 kronor. Note that the Euro is not used in Sweden.

It is possible to change money at exchange offices at Copenhagen Airport, Malmö Airport and the Central Railway Stations in Copenhagen, Malmö and Helsingborg as well as the Forex office opposite Lund Central Railway Station.

STUDENT DISCOUNTS

When you join Studentlund, you download the "Studentkortet" app. Together with your regular ID card, "Studentkortet" gives you access to discounts at certain cafés, restaurants and on travels as well as on computers, mobile phones, fashion and books etc., in shops and online. Some students may choose to get the Mecenat card instead which gives similar discounts. More information will be available in the Orientation Guide to Lund University.

LIVING COSTS

One of the conditions for being granted a residence permit by the Swedish Migration Agency is that you must be able to support yourself during your stay in

Sweden. The minimum sum required by the Swedish Migration Agency is at present SEK 8 568 per month.

Swedish students who have full student loans and grants from the Swedish government receive approximately SEK 10 928 per month. Many international students get by on a budget somewhere in between the required SEK 8 568 per month and the Swedish student loan amount, depending on their lifestyle.

WORKING IN SWEDEN

If you have a residence permit for studying at the university you are also allowed to work without a work permit as long as your residence permit is valid. Nordic, EU and EEA citizens are allowed to reside and work in Sweden without a work and/or residence permit, but need to register at the Swedish Tax Agency.

Because Swedish language skills are required by most employers – even for typical service positions – international students cannot expect to find a spare time job very easily. Lund is a typical student town with many students, so these jobs fill up fast and it can be very hard to find for those without Swedish language skills.

However, there are many ways full-time students can keep in touch with their future labour market. There are several job fairs arranged by the student unions and the Career Services at Lund University arranges open seminar series on "how to get that job". All students at Lund University can register with the university's Careers Services' career portal MyCareer.lu.se.

OPENING A BANK ACCOUNT

Estimate that it will take some time after your arrival before you can use Swedish bank services. Before departing from your home country, please make sure that all necessary arrangements are made to prevent cash-flow problems from occurring during your stay in Sweden.

Order a credit card or consider other means of payment. Most credit cards are accepted in Sweden and ATMs, Automated teller machines, can be found throughout all Swedish cities and on the university's main campuses.

Banking in Sweden might be much easier with advice from your own home bank. Check with them before departure to Sweden to see if they have a Swedish bank partner.

Generally, to open an account in Sweden, you will need proof of admission (ex. Notification of Selection Results) from the university, a valid passport and you must also be registered at a Swedish address.

If you are admitted to a two-year long degree programme (or longer) you should apply for Swedish personal identity number from the Swedish Tax Agency. Once you receive this number, remember to bring it when opening a Swedish bank account.

EXCHANGE STUDENTS

It is strongly recommended that exchange students make banking arrangements from their home bank. Students staying in Sweden for less than six months will experience difficulties to open a bank account.

CHEQUES AND CASH

Please note that personal, traveller's or international cheques are not accepted by Swedish banks. Do not bring large amounts of cash to the bank office. Money laundering legislation requires the bank to ask questions about the transactions and banking business you want to make. If a customer does not present identification or provide a satisfactory explanation as to why the customer wants the bank to perform a certain service, the bank, by law, is not permitted to perform the requested service. It is best that you prepare your finances accordingly. of payment

A FEASIBLE STUDENT BUDGET PER MONTH

Item	SEK
Food (home cooked meals)	2 500
Accommodation	3 200–4 800
Course literature	400–1 000
Leisure	650
Personal hygiene	450
Clothes	590
Miscellaneous	1 000
Local transportation (if applicable)	500

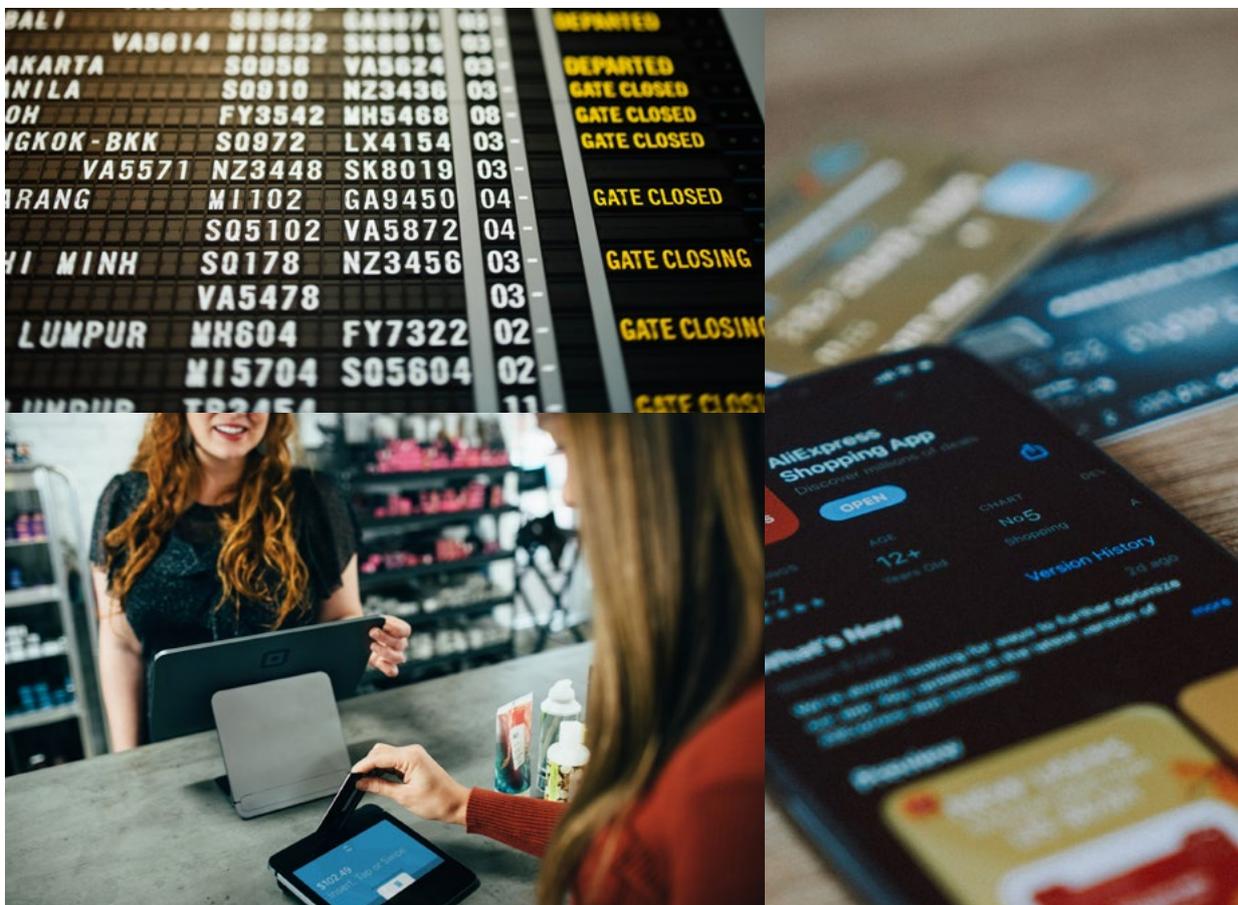
USEFUL LINKS

Read more about money and living costs:

www.lunduniversity.lu.se/money-and-living-costs

Read more about becoming a bank customer in Sweden at the Swedish Bankers' Association website:

www.swedishbankers.se/en-us/





Insurance, health care and well-being

HEALTH INSURANCE

General student insurance

All students in Sweden are covered by a personal injury insurance (general student insurance) that is obtained on behalf of universities and colleges within the State insurance system (Kammarkollegiet). Students at Lund University are covered for accidents occurring within the framework of their studies (i.e.: during class, studying at a university library and travelling directly from your accommodation to class). Whether or not you are entitled to any additional coverage depends on your study situation.

Tuition fee paying students or scholarship holders (Non-Erasmus Mundus)

If you are a tuition fee paying (or a scholarship holder), non- EU/EEA student, you are covered by a special insurance provided by the Swedish government, called FAS+. This insurance includes accident coverage, costs for home transport in case of illness or accident, liability coverage, legal expenses and property coverage. The insurance applies 24 hours a day in the Schengen area. For travel outside Sweden, it is recommended that you get an additional insurance coverage.

European Health Insurance Card and Medicare

EU/EEA and Swiss citizens are entitled to access Swedish public medical services if they first register with the social insurance office in their home country. You will be issued an European Health Insurance Card (EHIC), which you need to have with you if you seek medical attention at a health care clinic or hospital in Sweden. If you need medical attention you will pay Swedish patient fees and do not need to make an insurance claim.

Citizens of Australia and Quebec are recommended to bring their Medicare card. With these cards you will pay Swedish patient fees if seeking medical attention in Sweden.

Student IN insurance

The Swedish government provides a special insurance for international students (Student IN) to provide, for example, accident cover, cover for certain emergency medical expenses (where no other cover exists) and liability cover. The insurance applies 24 hours a day in Sweden. For travel outside Sweden, it is recommended that you get an additional insurance coverage from your home country. If the insured student does not have a Schengen Visa, the insurance is only valid in Sweden. For travel outside the Schengen area, it is recommended that you get an additional insurance coverage from your home country.



Dental care

Please note that regulations for medical care do not apply to dental care in Sweden. Dental care is not subsidised in Sweden which means that dentists set market prices on dental treatments. The fees for a dental check-up may be higher than what you are used to and it is therefore a good idea to arrange for a dental check-up before leaving home.

SWEDISH HEALTH CARE

Emergency care

Emergencies or life-threatening situations should always be directed to 112, the Swedish emergency number. For urgent medical care, you may need to visit the hospital. The Lund University hospital (Universitetssjukhuset), one of Sweden's leading university hospitals, is conveniently located in the city centre.

Non-emergency health care

The first step – call 1177. This is free of charge and open 24-hours/day. With this number you can get medical advice from a registered nurse on many things, including diagnosis of your symptoms and help on where to go if you need a physician. If needed, they may refer you to a local healthcare centre. If you get ill and are in need of non-emergency health care you should contact a local public health care centre (Vårdcentral) or a private clinic. You can find the contact details to health care centres and private clinics in the Orientation Guide to Lund University.

Prescription medication

Prescriptions written by Swedish doctors and over-the-counter medicine are available at local pharmacies (Apotek). The most common over-the-counter medicines can also be found in grocery stores near the cashiers. Pharmacies are open during normal shopping hours.

If you regularly take prescription medication, check if your prescription medication is allowed through customs in Sweden (and Denmark if you fly into CPH). Follow the instructions from the Swedish Medical Products Agency regarding what you are allowed to bring and how much. Bring prescriptions and documents that confirm that the medicine is for you (in English if possible). Bring as much prescribed medicine as possible (according to the guidelines in the link below) since it may be difficult to get the same type of medicine in Sweden. If you're not able to bring enough medicine to Sweden, please contact a doctor early on during your stay, so you can make sure you have the help you need. The medicine you take in your home country may not be allowed in Sweden and it may take a long time to try out a type of medicine that works for you.

At the website for Swedish Medical Product Agency, you can read more about bringing in medicine to Sweden: www.lakemedelsverket.se/en/treatment-and-prescription/buy-use-and-handle-medicines/travelling-with-medicines



UNIVERSITY SERVICES

Student Health Counselling (Studenthälsan)

The staff at the Student Health Centre at Lund University works primarily with therapy for psychological and social problems that are related to your studies. The centre has counsellors, nurses, a physician, a psychiatrist and a psychologist. Please note that you always have to make an appointment to visit the Student Health Centre.

Multifaith Chaplaincy (Studentprästerna)

The Student Chaplains in Lund serve all students at Lund University. They can be sought out for counselling and are bound by a vow of confidentiality. The Student Chaplains can also help you contact a local church or religious body other than the Student Chaplaincy.

Disability Services at Lund University

If you have a learning disability or other hindrances to accessibility, please contact the support officer for your faculty found at this website: www.lunduniversity.lu.se/student-life/before-you-arrive/students-disabilities

It is advisable to make contact early to discuss what support you need as it can take some weeks to arrange things and we hope you can have the support you need from the beginning of your time here at Lund University.

USEFUL LINKS

- Information about health insurance from Lund University: www.lunduniversity.lu.se/student-life/before-you-arrive/health-and-insurance
- Read more and apply for a European Health Insurance Card (EHIC) on the EU website: ec.europa.eu/social/main.jsp?catId=563&lan
- Study in Sweden on Health Care: studyinsweden.se/moving-to-sweden/health-insurance/#
- The Swedish Health Care Information: www.1177.se
- Swedish Medical Product Agency: www.lakemedelsverket.se/en/treatment-and-prescription/buy-use-and-handle-medicines/travelling-with-medicines
- Copenhagen Airport information about bringing medications: www.cph.dk/en/practical/luggage/medicine-in-luggage



Your studies

STUDY AT LUND UNIVERSITY

Education at Lund University is closely aligned to current research, often drawing on the interdisciplinary research approach that has helped secure Lund University's place as Sweden's strongest research university. International guest lecturers and speakers from business, government, NGOs and research institutions regularly feature as part of the curriculum to further connect studies to the professional world. Students are encouraged to develop their critical and analytical thinking and leadership skills to prepare them for an international career.

Critical thinking and freedom of mind are stimulated in all activities at the University. In seminars, workshops and experiments, students analyse and present solutions to given problems and assignments. A large part of the learning process takes place outside the classroom as students read and discuss the course material with each other. Study techniques are taught in the classroom and also by study advisors and through workshops.

REGISTRATION

For many courses, registration in a course takes place on the first day of class. Therefore, it is very important not to miss the first lecture. If you are unable to participate in the first lecture, keep in mind that you will

have to contact your coordinator beforehand so that you do not lose your place in the course. Some courses will require self-registration in the Student Portal, check with your coordinator for help with this.

COURSES FOR EXCHANGE STUDENTS

Lund University offers more than 700 courses across a wide range of subjects that are suitable for exchange students. Remember to carefully check the admission requirements for each course to see if you will be eligible. After you have been nominated for exchange studies by your home university, you will receive an email with log in details and a link to the online exchange student application. If you have any questions you can get in touch with your coordinator at Lund University. If you cannot find the name of your coordinator, you are welcome to contact the International Desk. During the Orientation Weeks you will have time to meet your coordinator. Please note! There is no add and drop period at Lund University which means that there may be no possibility to change courses.

STUDY STRUCTURE

Studies at Lund University are usually performed one or two courses at a time, with an examination or essay at the end of each individual course finalising the course.

Courses can be anything from 2 to 20 weeks long, with 5, 10 and 20 weeks being the most common ranges. The duration and extent of courses and programmes are expressed in a system of credits (högskolepoäng). The Swedish credit system is the same as the European ECTS credits. Thus, one week of full-time study corresponds to 1.5 credits. One semester of full-time study is equal to 30 credits. Single subject courses vary in length from 7.5 to 60 credits.

Methods of instruction and number of teaching hours can vary considerably between different subjects and courses. Some courses, mainly in engineering, have as many as 30 formal lecture hours per week, while some, e.g., social sciences courses, may have as little as 10 hours and rely more on the students' individual reading. The most common form of instruction is lectures to groups of 25–30 students. All courses include written and/or oral examinations. There are usually no final exams covering the entire semester's coursework. If you fail an examination, it is possible to retake the examination later in the semester. All student records at Lund University are kept in the student registration system Ladok.

ACADEMIC HONESTY

Students are expected to uphold the standards of academic honesty at Lund University. Plagiarism and cheating are treated very seriously. Suspected cheating will be reported to the Disciplinary Committee and can result in suspension from the university.

If you are unsure about the rules of academic honesty, e.g., exam rules or how to correctly cite sources in academic writing, talk to your professor, tutor and get information from your department at Lund University. You are also most welcome to follow the guidelines set by the AWELU project (Academic Writing in English at Lund University).

ACADEMIC CULTURE

To some international students, relations between students and teachers at Swedish universities may seem very informal. Students are encouraged to ask questions, both in the classroom and outside. Don't hesitate to ask a question if there is something you do not quite understand or comment on issues you disagree with.

Teachers will expect you to call them by first name, as students and teachers are considered to be equals. This does of course not imply that the teachers will accept anything but your best performance in class and during examinations.

COURSE LITERATURE

Be prepared for the fact that books and materials can be a bit expensive. However, it is sometimes possible to buy them second hand in dedicated shops or to borrow them from one of the university libraries.

GRADES

Swedish grades are normally awarded on a basis of 3 grades; Pass with distinction (VG or Vål godkänd), Pass (G or Godkänd) or Fail (U or Underkänd). However, some faculties make use of a different grading scale:

- The Faculty of Engineering uses several different grading scales. Engineering studies: On most courses, the grading scale comprises three levels: 3 (three) pass, 4 (four) very good, 5 (five) excellent. A higher figure signifies a better grade. The grades are criterion-referenced, e.g., awarded in relation to the students' performance relative to the learning objectives set out in the course syllabus.
- Architecture: For all courses in architecture, the grading scale only includes the grade "Godkänd" (Pass).
- Industrial design: The three-level grading scale (5, 4, 3) and the one level scale "Godkänd" (Pass) are both used.
- At the joint Faculties of Humanities and Theology and the Faculty of Social Sciences certain departments also award A, B, C, D, E or Fail (F). The highest grade is A and the lowest passing grade is E. In a limited number of courses only the grades Pass (G) or Fail (U) are awarded.
- The Faculty of Law has 4 grades; Pass with distinction (AB), Pass with merit (Ba), Pass (B) or Fail (U).
- The Faculty of Medicine only uses the grades Pass with distinction, (VG), Pass (G) or Fail (U).
- The Faculty of Science and the Faculty of Fine and Performing Arts use two different grading scales; Pass with distinction (VG), Pass (G) or Fail (U) and; Pass (G) or Fail (U).
- The School of Economics and Management uses the following grading scale: A, B, C, D, E or Fail (F). The highest grade is A and the lowest passing grade is E. The duration and extent of courses and programmes are expressed in a system of credits (högskolepoäng). The Swedish credit system is the same as the European ECTS credits. Thus, one week of full-time study corresponds to 1.5 credits. One semester of full-time study is equal to 30 credits. Single subject courses vary in length from 7.5 to 60 credits.



Student life in Lund

STUDENT ORGANISATIONS IN LUND

Lund's student life is unique. The combination of student nations, student unions and the Academic Society (AF) is not only one of a kind, it is a big reason new students flock to Lund every semester.

The student life gives you many opportunities for personal development and enables you to gain valuable knowledge and experiences outside the lecture halls.

STUDENTLUND: ONE STUDENT LIFE – ONE MEMBERSHIP

A membership in Studentlund gives you access to everything from good food, fun nightclubs, interesting talks, exciting media, guaranteed monitoring of education, entertaining theatre, considerable influence within the University, municipality and region and lots of grants and student discounts. The vast majority of the student organisations' activities will only be available to Studentlund members.

Being a member of Studentlund means that you are a member of three organisations – a student union, a nation and the Academic Society (AF). As a student based in Lund you can choose to join all three, or none at all.

Studentlund will open for new members in July. You will be able to register for a Studentlund membership

online using your personal code no and your Notification of Selection Result.

When you have paid your fee, you then choose the nation to which you want to belong during Orientation Weeks. The membership costs approximately 250–300 SEK per semester.

STUDENT NATIONS

The nations' primary task is organizing extra-curricular social activities. The nations' main activities comprise serving food and running pub and club nights, but they also include sport activities, nation newspapers, choirs, grants and accommodation. All the nations are named after geographical locations in Sweden and there are currently 12 nations within the Studentlund cooperation, all representing different areas in Sweden. Membership in a nation provides you with the chance to really get to know Swedish student culture. They are open to all students and there are no entrance requirements.

The student organisations are mainly built on volunteer work from students. Students volunteer to work at nations pubs, night clubs, restaurants and other social activities. Working at the nation of your choice is known to be one of the best ways to meet Swedish students and practice your Swedish skills.



Martin Ratasich, LU Photo competition Spring 2020.

The Student Nations organise a wide range of activities parallel with the Orientation Weeks. During the Student Association Fair, you will get more information about the nations in order to help you make up your mind about which one to join. Even if you have to choose one of the nations, you still have access to the all 12 nations through your membership in Studentlund.

STUDENT UNIONS

There are 8 student unions at Lund University, one for each faculty. Their purpose is to guarantee high quality in education at the University. The unions are monitoring education and organising student influence through some 1000 posts at all levels within the University. In addition to monitoring education, the unions arrange career fairs, lectures, social events and welcome activities for new students.

During your studies you can contact your student union if you have any questions or if problems should arise concerning your studies. Every faculty has its own student union and your membership is derived from the programme/courses you are studying.

ACADEMIC SOCIETY

The third cog in Studentlund machinery is the Academic Society (AF). AF's width and size allow scope for student activities such as radio, television, Studentinfo, poetry, lectures, "spex", amateur theatre, orchestras, choirs, archives and drama. The AF building in Lundagård is the physical meeting place for all students.

WHAT IS THE DIFFERENCE?

Briefly, the unions handle student rights and arrange many activities connected to your education and future employment. The nations are primarily social clubs and the Academic Society offers various activities having to do with culture and media.

NATIONS AND UNIONS OUTSIDE OF STUDENTLUND

There is one nation and one union that are not currently members of Studentlund.

- TLTH – For students who are studying at the Faculty of Engineering, LTH, the student union there called TLTH, are not members of Studentlund. If you wish to forgo the benefits of Studentlund, you can join TLTH to gain access to student discounts through their mecenat student card.
- Smålands nation – Though Smålands nation is not a part of Studentlund, is also a fun option to get involved in a nation! You can find out more about them through their website: <https://smalands.org> Student life in Lund

USEFUL LINKS

Studentlund: www.studentlund.se

Student life: www.lunduniversity.lu.se/student-life



Clémence Grand, LU Photo competition Spring 2020.

Sweden

Sweden is ranked among the top five countries in the world when it comes to providing higher education. It is a modern, safe and eco-conscious country with a great global reputation and one of the world's highest living standards. Home of the Nobel Prize, the world's most prestigious academic distinction, Sweden enjoys great international respect for innovative and creative thinking and for encouraging close cooperation between academia and industry. Lund University counts four Nobel laureates among its alumni.

LANGUAGE

Swedish is a northern Germanic language, spoken by almost 10 million people. Swedish dialects can still vary significantly between different regions in Sweden. The dialect in Lund is a unique mixture of dialects due to the vast number of students coming from all over Sweden to study.

The Swedish alphabet has 29 letters, using the basic 26-letter Latin alphabet plus the three additional letters Å/å, Ä/ä and Ö/ö. There are many words of German, French and, more recently, English origin in the Swedish language.

English is the unofficial second language in Sweden. Swedish children study English from the 3rd grade and most foreign TV-shows and movies in Sweden are in their original language with Swedish subtitles. With 89% of the population fluent in the language, you can get by with English throughout the whole country. However, a basic understanding of the Swedish language is generally required if you plan to work in Sweden.

RELIGION

In practice Sweden is a very secular nation, but the many church buildings across the country bear witness to a long historical presence of the Christian faith. 60% of the population in Sweden are members of the Church of Sweden, which is Lutheran. Around 150 000 Swedes are Catholics. The Muslim community makes up the largest non-Christian group.

TRADITIONS

Holidays in Sweden are both religious and secular. Many traditions carry a religious significance, such as Christmas, Easter, Pentecost and Fat Tuesday, but there is often little to no reference to the Bible on these occasions. Traditions are maintained mainly for the sake of the festivities and celebrating with friends and family.

Apart from traditions with religious roots, others are tied to the changing of the seasons dating back to the time when Sweden had primarily agricultural industry. Spring is welcomed on the last day of April



with Walpurgis Eve, when choirs sing songs about spring and people light bonfires. Summer is welcomed at the end of June on Midsummer's Eve, with dancing around the maypole, and the consumption of herring and "snaps". At the first signs of autumn, on the second Wednesday of August, it is time for the annual crayfish season. Advent and Lucia brings light during the darkest time of the year.

Besides the big holidays, there are several smaller festivities such as Waffle Day and Cinnamon Bun Day which give everyone an opportunity to devour on a delicious cake or snack.

CLIMATE AND CLOTHING

Sweden experiences extreme contrasts between the long summer days and long winter nights. Influenced by the Gulf Stream, the Swedish climate is milder than you might expect at this latitude. However, the wind and the humidity in this part of the country, makes cold days feel colder and the warm days feel warmer. Since Skåne, the very southern part of Sweden, is very flat it is a good idea to bring windproof and also warm clothing to Sweden. Spring runs from March to May, summer from June to August, autumn from September to October and winter from November to February.

In the summer it can be hot and dry with temperatures reaching up to +30 °C to +15 °C. The differences between the southern and northern regions are considerable. During winter, snow is expected in most parts of the country, but in the southern parts there will probably be rain mixed with snow where temperatures vary between -10 to +5 °C and can result in cold rainy days most of winter in Skåne.

When it comes to daylight hours, Sweden can take some time to adjust to. The winter days can seem cold and dark, but the summer days are well worth the wait. In the Skåne region, where Lund University is located, the daylight in summer outlasts the average person's waking hours and in the northern parts of the country, the sun never sets during the summer.

The Swedes have a great saying which you might find useful:

“No bad weather, just bad clothing”.

TAP WATER

Tap water in Sweden is of very good quality and safe to drink. It is often available free of charge at cafes and restaurants.

TELEPHONES

International students generally use prepaid SIM-cards for their cell phones while living in Sweden. Free, unloaded, SIM-cards will be provided during Arrival Days or on request, but SIM-cards can also be bought in food stores and convenience stores.

When you have access to Internet you can use Skype, Facetime or apps to make phone calls. This is the cheapest option, especially for long distance calls. Note that collect calls from Sweden are expensive.

ELECTRICITY

The electricity in Sweden is 220 volts and 50 cycles/sec (Hz). Check the picture below for the EU plug as you may need to bring a transformer and/or adapter for your electrical appliances from your home country.

INTERNET ACCESS

As a student you have access to internet via student computers and the wireless network all over the university by using your student account details. Lund University is connected to Eduroam and there are also several hot spots in Lund City.

Most student accommodation from LUAcc and AF Bostäder include cable internet access. However, in some cases you need to make your own internet arrangements or may need a router.

SWEDISH DATE AND TIME NOTATION

In Sweden dates are typically written starting with the year, for example "2020-04-31" (YYYY-MM-DD) but the older forms "31/4 2020" or "31/4-20" are frequently seen informally. In those cases, they follow the pattern, date, month and year.

Time is written without notable exceptions with the 24-hour clock where the day runs from midnight to midnight into 24 hours, indicated by the hours passed since midnight, from 0 to 23. The day begins at midnight 00:00 and the last minute of the day begins at 23:59. As an example of this system, 6am is written 06:00 while 6pm is written 18:00. The 24-hour notation is popularly referred to as military time or astronomical time in the US and Canada.

DAYLIGHT SAVING TIME

Like most countries in Europe, Sweden temporarily adjusts time to enjoy longer daylight during the summer period. Winter time: the clock is adjusted backward one hour on the last Sunday in October. Summer time:

the clock is adjusted forward one hour on the last Sunday in March.

EMERGENCY NUMBER

The emergency phone number in Sweden is 112 (ambulance, police, fire department). Emergency calls are always free of charge. If you need to make a report to the police the national number is 114 14. This number applies to all non-urgent police matters. The campus security number at Lund University is 046-222 07 00.

NARCOTICS

Narcotics are illegal drugs in Sweden. There are severe penalties against using or selling illegal substances. Driving under the influence of narcotics or alcohol is prohibited by law.

GETTING AROUND

In Lund, the most convenient mode of transportation is by bike. You can get everywhere in Lund within 20 minutes by bike, so it is the superior choice of transportation.

If you would like to visit other areas of the Skåne region, you can travel by bus or train. The region has a very refined public transport system. It is convenient to travel to Malmö, Helsingborg or any location in Skåne with the help of public transport.

DINING

Student accommodation in Lund does not provide any catered meals or services nor is there a university cafeteria. Public restaurants are found throughout



campus/city and set their own prices. Typically, students prepare their own meals or eat out. The price for a lunch at a café or restaurant varies between SEK 60 and SEK 100. Many student nations provide lunch at least once a week for a small sum (approx. SEK 60). Number of seats at the student nations is limited. It is common that students bring their own lunches with them and use the microwave ovens provided in different buildings on campus. If you are not an experience chef, it might be a good idea to practice some easy recipes before you leave home.

SHOPPING

The regular store hours in Sweden are between 10am to 6pm Monday to Friday, 10am to 2pm on Saturdays and most stores are closed on Sundays. The shopping malls, usually located in the outskirts of the bigger cities, have more generous opening hours; usually until 8pm Monday to Friday and are also open on both Saturdays and Sundays. Big grocery stores are in general open 8am to 9pm most days of the week.

Some over-the-counter medicines (pain relief tablets, antacids, vitamins etc) can be bought in grocery stores but to get a prescribed medicine and other medical products, you need to visit a pharmacy (Apotek). Read more on page 24 about prescription medications. Strong alcohol (more than 3.5 % percent alcohol) can only be bought at the government owned store Systembolaget if you are 20 years or older or from a pub/restaurant/nation.

QUICK TIPS ON SWEDISH MUSIC, FILM & BOOKS

While preparing for your stay in Sweden, you might want to watch a Swedish movie, listen to Swedish music or read a Swedish book. There are thousands of options to choose from but here are some tips to learn more about Swedish culture.

Music

Roxette, ABBA, Robyn, First Aid Kit, Lykke Li, The Cardigans, Avicii, José Gonzalez, The Hives, Mando Diao, Zara Larsson.

Film

Let the Right One In (thriller)
 Jalla, Jalla (comedy)
 The Seventh Seal (Ingmar Bergman, drama)
 The Girl with the Dragon Tattoo (action thriller)

Books & authors

Astrid Lindgren (childrens' books e.g., Pippi Longstocking)
 Henning Mankell (crime novels about Kurt Wallander)
 August Strindberg (19th century ground-breaking author)
 Stieg Larsson (the Millennium trilogy)

Learn more about Sweden on www.sweden.se





Fabienne Meyer, LU Photo competition Spring 2020.

Academic Calendar

SEMESTER DATES AT LUND UNIVERSITY

Autumn semester 2021: 30 August–16 January 2022.

Please note that some master programmes start earlier than 30th August. SUSA courses are also held before the semester starts.

Arrival Days Autumn 2021: 16–17 August

Orientation Weeks Autumn 2021: 16–29 August

Spring semester 2022: 17 January–5 June 2022

Arrival Day Spring 2022: 10 January

Orientation Weeks Spring 2022: 10–16 January

PUBLIC HOLIDAYS 2021/2022

All Saints' Day: 6 November

Christmas Eve (Julafton): 24 December

Christmas Day (Juldagen): 25 December

Boxing Day (Annandagen): 26 December

New Year's Eve (Nyårsafton): 31 December

New Year's Day (Nyårsdagen): 1 January

Epiphany (Trettondagen): 6 January

Good Friday (Långfredagen): 15 April

Easter Sunday (Påskdagen): 17 April

Easter Monday (Annandag påsk): 18 April

Walpurgis Night (Valborgsmässoafton): 30 April – note that this is an evening celebration and does not necessarily mean a whole day of holiday.

May Day (Förste maj): 1 May

Ascension Day (Kristi himmelfärdsdag): 26 May

Swedish National Day: 6 June

Midsummer Eve (Midsommarafton): 24 June

Midsummer Day (Midsommardagen): 25 June

Pre-Arrival Check-list

- Degree seeking students, if applicable, pay your first tuition fee instalment by May 20, 2021. This must be paid before applying for a residence permit.
- If applicable, apply for residence permit as soon as possible.
- Make sure that your passport is valid for at least the duration of your stay in Sweden.
- If you are offered housing from LUAcc – pay the deposit, complete the induction and pay the first rent instalment. If you are not offered housing through LUAcc, join the AFB lottery in July 16–19.
- Organise your housing situation ahead of time and if necessary, arrange temporary housing solutions for your first days in Sweden; make necessary hostel or hotel reservation.
- Make sure to check rules and regulations regarding Covid-19 for your travels including any countries you plan to travel through. Also keep up to date on information from Lund University. (Link: FAQ newly admitted students: www.lunduniversity.lu.se/student-life/before-you-arrive/coronavirus-covid-19-faqs)
- Get prescriptions if you need any kind of medicine. Read more in the section “Insurance, health care and well-being”.
- Get a dental check-up.
- Contact your local home bank to avoid any banking problems in Sweden.
- Check your insurance coverage (FAS+ or Student IN) and, if you are an EU citizen, bring the EHIC-card (make sure it is valid for the duration of your stay in Sweden) or a certificate from home if your country has an agreement for medical care with Sweden.
- Make sure you have sufficient money to cover your living expenses (and your tuition fee, if applicable).
- Follow any instructions given to you by your coordinators at Lund University and any emails you receive (remember to check your spam folder).
- Degree seeking Bachelors’ students in their last year, read up on instructions for uploading your degree and final transcripts.
- Book tickets so you arrive in Lund in time for the Orientation Weeks. It is advisable to book tickets that are reimbursable and that can be rebooked

DON'T FORGET TO PACK:

- Important documents and passport (and copies of these)
- A suit or nice dress for formal events
- Swedish currency for immediate use
- Warm clothes, since winters in Sweden can be quite cold and windy
- Your mobile phone and laptop
- Adapter for your electrical appliances, if necessary

Contact details

FEEL FREE TO CONTACT US IF YOU HAVE ANY QUESTIONS BEFORE YOUR ARRIVAL IN LUND

Degree students, for general questions contact the International Marketing and Recruitments Team on www.lunduniversity.lu.se/degree-studies

Exchange students, for general questions contact the International Desk by email to studentreception@lu.se

For specific questions regarding your courses and studies, please contact your programme coordinator at Lund University.

LUND UNIVERSITY ON FACEBOOK

Follow us on Facebook for information and updates and have your questions answered:

www.facebook.com/internationaldesk

www.facebook.com/lunduniversity

LUND UNIVERSITY ON INSTAGRAM

Student life at Lund University is great – but don't take our word for it!

Follow us on Instagram www.instagram.com/lunduniversity.

LUND UNIVERSITY UNIBUDDIES

Not only are there staff ready to answer your questions but you can also chat with our Unibuddies made up of current students. A great way to find out about your programme or maybe find someone from your home country and see how it is to live in Sweden. You can find out more or find a Unibuddy to chat with here:

www.lunduniversity.lu.se/student-life/before-you-arrive/chat-current-students