Time to Go

EXTERNAL RELATIONS
Programme

- Practical issues
- Cultural experiences
- Insurance during your time abroad
- Student ambassador
- Meet and mingle with other students (Gasque-salen)
Practical issues

BENJAMIN NYDIUS, INTERNATIONAL COORDINATOR
Before departure

- Follow instructions from your faculty and coordinator at LU as well as instructions from the host university
- Contact your faculty about your study plan
- Kammarkollegiet (Student UT)
- CSN
- Visa application
- Vaccination *(precaution)*
- Scholarships
CSN

- EXCHANGE
  - Student aid and additional loan

- Conditions:
  - Through HEI in Sweden
  - Approved study results
  - Pace
  - Foreign citizens
  - Seek info
  - Up to one year
CSN

- Educational requirements
  - Agreement
  - Transferable courses
  - Timeframe

- Other:
  - State your study period
  - Apply for full year
Looking for a tenant?

BoPollen is run by the Lund University Student Unions

- Help students at LU find safe accommodation
- Work for a more secure housing situation in Lund
- Encourages people living in Lund to sublet rooms
- Provide support and advice for those who want to rent or sublet housing
- All ads on housing are previewed and approved
- Information is available in both Swedish and English
- Bopollen’s services are free
- www.bopoolen.nu
Important documents to bring

- Letter of Acceptance
- Up-to-date Ladok transcript
- Learning Agreement
- Insurance documentation
- Financial documentation (CSN, bank)
- Valid passport and visa
- Vaccination history
- Medication
During your time abroad

- Orientation/Introduction week
- Changes in study plan (add & drop)
- Registration in Ladok via Studentportalen
- Ambassador
- Apply for courses at LU next semester
- Current e-mail address
- In case of emergency
After your time abroad

- Transcript
- Credit transfer
- Student report
- Share your experiences (info meetings etc.)
- International mentor for students coming to LU
  fadderi@er.lu.se
Cultural experiences

SARA WESTMAN INTERNATIONAL COORDINATOR
Some potential challenges

- Academic system
- Studies
- Administration
- Accommodation
- Finding friends
- Language skills – academic
- Language and identity
- Figuring out culture – how to do things, how to make yourself understood
Studying abroad makes your smarter

- Capacity to think yourself
- Willingness to take initiatives
- Negotiation skills/Advocacy
- Self-reliance
- Self-confidence
- Ability to posing meaningful questions
- Deal with complex questions and find multiple answers
- Being comfortable in new groups and environments
- Navigate new systems, new cultural patterns
- Identity – perception of yourself and your relation to the world and how you can interact with it
Development only by reflecting

Find a way to reflect on what is happening

Get experience not just knowledge
Insurance

ISABELLE JÖNSSON, INSURANCE COORDINATOR
Student OUT insurance

• 24-hours a day in the country of studies
• Also other countries if part of studies
• Two weeks before and after
• During direct travel
• Holidays
MEDICAL INSURANCE CARD

Issued under the authority of KAMMARKOLLEGIET, 651 80 KARLSTAD, SWEDEN
Phone +46 54 22 12 00 Fax +46 54 15 56 10 E-mail: forsakring@kammarkolleget.se

Insured: Anna Andersson
Policy holder: Lund University
Insurance policy no.: 202100-3211
Valid through: 5 aug 2015 - 5 jan 2016

This is to certify that the insured is covered by an insurance, provided by Kammarkolleget and guaranteeing:

Full coverage of medical costs in the event of medical emergency. No limitation in amount.
Full coverage of costs for medical evacuation and/or repatriation. No limitation in amount.
Liability coverage up to SEK 10 million.

There is no deductible to the insurance.

In case of emergency, please contact:
Falck Global Assistance
Phone: +46 8 587 717 49
Fax: +46 8 505 939 13
E-mail: fga@se.falck.com
The insurance includes

• Emergency medical and dental care (pre-existing conditions are covered in case of emergency)
• Not covered for planned care.
• Home transport cover due to serious illness, extensive personal injury or deceased person
• Property cover (deductible 1,500 sek)
• Liability cover (up to 10 million sek)
• Legal expenses cover
• Personal injury cover
• Please read the full terms and conditions: https://www.kammarkollegiet.se/en/insurance-students-and-state-employees/student-insurance/student-ut-insurance
How does the insurance work?

- Call or email Falck Global Assistance
- Pay the fee if possible
- Save all original receipts
- File claim form
- Save other possible documents (police report)?
- Coordinators signature, LU send claim form
- Kammarkollegiet evaluates
- Refund after a couple of weeks
- Find Claim form: www.kammarkollegiet.se (insurance, Student UT)
Travelling within EU/EEA?
Don’t forget

• Original receipts – property targeted by thieves
• Avoid unnecessary situations
• Don’t break the law!
• Medicine

• ”Resklar” app, Ministry of foreign affairs
• In case of emergency, contact LU coordinator
Questions?

Welcome to contact student insurance coordinator Isabelle Jönsson

isabelle.jonsson@er.lu.se
046-222 01 10
Student Ambassador

MEGAN GRINDLAY, INTERNATIONAL MARKETING MANAGER
Student ambassador - a great opportunity

- Represent Sweden, Lund University, your study area, student life
- Create awareness about Lund University and Sweden
- Recruit students to LU (secure places for future LU students)
- Increase our international student numbers = benefits LU rankings
- Help our partner universities by participating in their activities = good reputation
- Gain experience in marketing activities, presentation skills
- Gain a new perspective on Sweden and Lund University!
Facts about Sweden

• Among top 5 in the world in innovation, democracy and gender equality
• Among top 5 in the world in providing higher education
• Largest number of global companies per capita in the world
• Population of 10 million people – 15% born overseas
• 1% only of waste goes to a rubbish dump! Environmentally-conscious society
• One of the safest countries and best living standards in the world
One of the highest levels of English proficiency amongst non-native speakers in the world.
How many universities in the world?
Why study at Lund University?

- A world top 100 university
- An internationally renowned research-intensive university, celebrating 350 years
- Sweden’s most international and most popular university
- A study destination without the language barrier - English is widely spoken
- A chance to learn a new language - Swedish
- Scandinavia’s largest range of education in English
- A different style of teaching: independent thinking, group work, hands-on research skills
- Start your international network and enhance your CV with international experience
- Lund is a cute, compact university town and is famous for its student life
- Copenhagen airport 35 minutes away – travel hub!
Strong research areas

• Materials science, surface physics and nanotechnology
• Advanced laser physics and spectroscopy
• Diabetes
• Cancer
• Automatic control and complex systems
• IT and mobile communications
• Neuroscience and neurodegenerative diseases
• Cognitive science
• Stem cell therapy
• Evolution, ecology, and animal migration patterns
• Environment, climate, sustainable systems and biodiversity
• Epidemiology
• Innovation and entrepreneurship
• Middle Eastern studies
Bluetooth.
Wireless communication.
Tetra Pak.
Hövding. The built-in airbag for cyclists.
Student ambassador situations

• The "elevator pitch"

• A presentation about Lund University

• Pre-departure events for international students accepted to LU

• Alumni event organised by LU or Swedish Consulate

• Talking with other students, teachers or international office staff

• Recruitment events
Study abroad fairs

• Your chance to represent LU and help promote LU as a study destination

• Contact studentreception@lu.se in advance: date & t-shirt size

• Contact your international coordinator – any special information?
Tools and resources

• Key messages about Lund University

• Powerpoint presentation

• LU presentation film (2 min long) on YouTube

• Study in Sweden film (2 min long) on YouTube

• Marketing materials – brochures, prospectus, bookmarks, posters, postcards,

• LU Instagram account, LU Facebook page (English)

• International Marketing and Recruitment team at Lund University

• www.sweden.se website
Where to find information - Svenska

www.lu.se

>Studera
>Studera utomlands

• Checklist
• Powerpoint presentation slides
• Link to YouTube film
• PDF of brochure
Where to find information - English

www.lunduniversity.lu.se

>Current students
>Study abroad opportunities

• Checklist
• Powerpoint presentation slides
• Link to YouTube film
• PDF of brochure
Connect with Sweden while abroad

- SWEA
- Embassy
- Consular General
Summary

• Practical issues
• Cultural experiences
• Insurance during your time abroad
• Student ambassador

Meet and mingle with other students in Gasque-salen.

Tonight: an email with a short evaluation.